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**PG. 9**

# Charlevoix County News

November 23, 2011

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**SAVE-A-LOT PAGE 5B**

**sports**

Senior setter Jenna Way makes a pass to one of her teammates. Way had 40 assists in the contest. The Rayders would go on to advance to the state semifinals, before falling to eventual state champions Morley-Stanwood.

**FULL COVERAGE INSIDE**

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PHOTOS BY B. J. CONLEY

The Boyne Area Chamber's State of the Community event attracted a crowd of business and civic leaders to Somerset Pointe resort on Friday, Nov. 18. The third annual State of the Community event speakers were Hugh Conklin, director of Boyne City's Main Street Program, Peter Moss, Boyne City Public Schools superintendent, Chris Christensen, realtor and Charlevoix County Commissioner and Michael Cain, Boyne City city manager.

## Speakers sing praises of Boyne City to large crowd

**B. J. Conley**

**T**hey kept coming until the sizable meeting room was full. The event at Somerset Pointe on Friday, Nov. 18, was the third annual State of the Community luncheon. The topic was the success of Boyne City, particularly notable in the current economic climate.

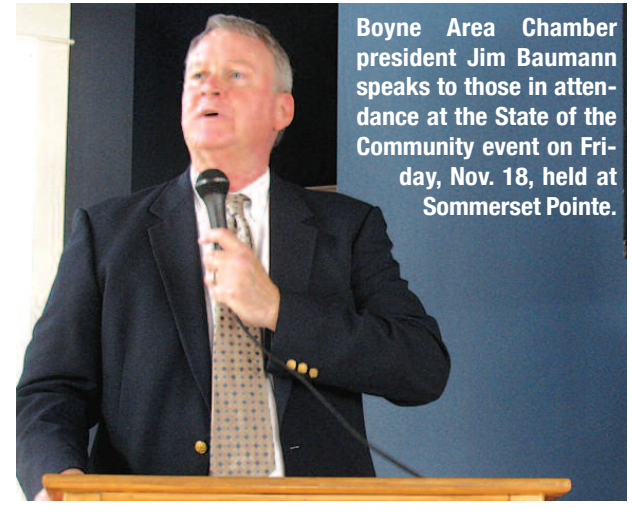
The speakers were Hugh Conklin, Main Street Program manager, Peter Moss, superintendent of Boyne City Public Schools, Chris Christensen, realtor and Charlevoix County commissioner, and Michael Cain, city manager.

Conklin talked about the many benefits of the Main Street Program for Boyne City. Moss said he was impressed with the community support for its schools, Christensen spoke of the realtor business saying that although the housing market has declined in sales, the Boyne area is better than most.

"The town sells itself," Christensen said.

Cain spoke about the teamwork among city departments, programs, businesses and the public that contributed to the city's success.

The Boyne Area Chamber hosted the event.



Boyne Area Chamber president Jim Baumann speaks to those in attendance at the State of the Community event on Friday, Nov. 18, held at Somerset Pointe.



Ed Grice (left), manager at Boyne Mountain Resort, talks with Peter Moss, superintendent of Boyne City Public Schools at the Boyne Area Chamber State of the Community event?

## Newspaper v. Charlevoix County case proceeds

**B. J. Conley**

**PETOSKEY** — A judge in Emmet County Circuit Court denied a motion for summary disposition made by defendants in the case of the Petoskey News-Review v. Charlevoix County Board of Commissioners. The hearing on the motion was held on Monday, Nov. 21.

Judge Charles W. Johnson told defendant's attorney, Gretchen Olsen, that he would have to deny the motion for summary disposition, then added: "for today." He first wanted to have a conference with the lawyers for both parties in his chambers, presumably about the content of certain emails.

Olsen said the lawsuit was filed by the Petoskey News-Review in the mistaken belief that the emails were about county business. Further, she stated that the case is a ploy to sell more newspapers.

The emails are at the heart of the issue. The case began when the newspaper asked for the content of county commission emails and the commission refused to grant the request, saying the emails didn't come under the Freedom of Information Act because they were not about county business.

Judge Johnson has reviewed the emails in his chambers, but defendant has not given them to the plaintiff.

It appears that the parties will either come to an agreement or proceed to discovery and trial.

reporterbjh@gmail.com

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<b>weather</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>record temps</b> <small>Day.....Avg. High.....Avg. Low.....Record High.....Record Low</small> 11/23.....42°F.....28°F.....62°F (2003).....6°F (1989) 11/24.....42°F.....28°F.....62°F (2003).....2°F (1950) 11/25.....41°F.....28°F.....60°F (2006).....8°F (1950) 11/26.....41°F.....27°F.....63°F (1984).....9°F (1974) 11/27.....41°F.....27°F.....66°F (1990).....5°F (1951) 11/28.....40°F.....27°F.....61°F (1990).....8°F (1976) 11/29.....40°F.....26°F.....62°F (1998).....5°F (1976)
	<b>HIGH: Upper 40's</b> <b>LOW: Upper 30's</b>	<b>HIGH: Upper 40's</b> <b>LOW: Upper 30's</b>	<b>HIGH: Upper 40's</b> <b>LOW: Upper 30's</b>	<b>HIGH: Upper 30's</b> <b>LOW: Upper 20's</b>	<b>HIGH: Low 40's</b> <b>LOW: Mid 30's</b>	<b>HIGH: Upper 30's</b> <b>LOW: Low 30's</b>	

## CHARLEVOIX COUNTY SHERIFF'S DEPT.

**November 14-20**

911 Hang Up Call.....	5
Abandoned Vehicle.....	0
Abuse.....	0
Alarm.....	3
Animal Complaint.....	17
Annoyance.....	2
Assault.....	1
Assist Citizen.....	4
Assist Motorist.....	4
Assist Other Agency.....	10
Attempt to Locate.....	2
Attempted Suicide.....	1
Bank Alarm.....	0
Boating Accident.....	0
Boating Violation.....	0
Breaking & Entering.....	0
Car/Deer Accident.....	2
Citations Issued.....	17
Civil Complaint.....	2
Criminal Sexual Conduct.....	2
Death.....	0
Disorderly Person.....	0
Disturbance.....	0

DNR Complaint.....	1
Domestic Dispute.....	2
Driving Complaint.....	1
Fireworks Complaint.....	0
Found Property.....	1
Fraud.....	1
Health & Safety.....	1
Hit & Run.....	0
Intoxicated Person.....	0
Juvenile.....	1
Larceny.....	2
Lockout.....	5
Lost Property.....	0
Malicious Destruction of Property.....	4
Mental Subject.....	0
Minor In Possession.....	0
Miscellaneous Criminal.....	0
Missing Person.....	1
Noise Complaint.....	1
Operating Under the Influence.....	0
Paper Service.....	28
Parking Violation.....	0
Personal Injury Accident.....	0
Personal Protection Order.....	0
Private Property Accident.....	0
Property Check.....	5
Property Damage Accident.....	7
Prowler.....	0
Road Hazard.....	5

Stalking.....	0
Suspicious Situation.....	8
Threat.....	2
Traffic Stop.....	45
Trespassing.....	2
Unknown Accident.....	2
Unlawful Driving Away of Automobile.....	0
Vehicle in the Ditch.....	6
Violation of Controlled Substance Act.....	0

service work and six months on probation.

**MARRIAGE LICENSES**  
The following people have recently filed for marriage licenses with the County of Charlevoix:  
Craig Rueben Mattson, 32, Little Chute, WI and Kendra Jean Roberts, 27, Little Chute, WI.

**ASSUMED NAMES:**  
The following businesses recently filed with the Charlevoix County Clerk's office for an assumed name for doing business:  
Louie's Liveries, 02665 Pleasant Valley Road, Boyne City by Lou Ann Schrader.  
Imagine That!, 3409 Camp Sherwood, Boyne City by Beverly J. Katz.  
Massage 2 Go, 305 W. Hurlbut, Charlevoix by Brian D. Sheets.  
R. Hunter Photography, 12938 Pineridge Dr., Charlevoix by Randi Hunter.  
Ultimate Kitchen Tools, 101 S. Addis Road, Boyne City by Specialty Sport Reps by John Rounds.

## COUNTY RECORDS

**DISTRICT COURT**  
The following cases were recently decided in the 90th District Court for the County of Charlevoix:  
Courtney Lynn Leftwich, 18, East Jordan. Driving without a valid license. Sentenced to pay \$250 in fines and costs.  
Tyler Paul Nique, 26, Cedar Springs. Driving while license suspended. Sentenced to pay \$335 in fines and costs.  
Breanna Beth Combest, 21, East Jordan. Driving while impaired. Sentenced to pay \$905 in fines and costs and to 46 days in jail with credit for one day, serve five days, 30 days held in abeyance, 10 days of community



COURTESY PHOTO  
**Library director Cliff Carey and Charlevoix County Community Foundation president Chip Hanson stand in front of the Boyne District Library.**

## Boyne District Library receives additional gift from Peabody Foundation

The Mary K. Peabody Foundation has provided the Boyne District Library with a generous gift of \$250,000, resulting in the creation of the Boyne District Library Special Projects Fund at the Charlevoix County Community Foundation. The purpose of the Special Projects Fund is "to provide support for special capital improvement projects of the Boyne District Library." Frances Fisher, representing the Mary K. Peabody Foundation, specified that the fund is not to be used for routine maintenance or events that would normally be included in the library's operating budget.

projects in Michigan and Indiana over the years, and the Boyne District Library gift is among the final distributions of the Foundation, which will soon be closed. In deciding how to distribute the remaining funds, Fisher determined that the Boyne District Library is an important community asset and is well-positioned to effectively utilize the additional funds to meet the long-term needs of the library and the community.

"This is a wonderful gift to the library and the community," said Jane MacKenzie, library board president. "It provides us with a tremendous opportunity to improve our resources and services to our patrons. We are very grateful to the Peabody Foundation and to Frances Fisher."

Fisher, who has a summer home in the area, stays informed about the library and the community, and has been impressed with the services and events the library provides. She was also pleased with the library's recent purchase of the adjacent "red building" property, positioning it for future growth. In light of the library's responsible stewardship of the initial Peabody gift, with the Charlevoix County Community Foundation's efficient management, she expressed confidence that an additional gift will also be of benefit to the community.

Chip Hansen, President of the Charlevoix County Community Foundation, agreed. "We are so pleased to be working with the Boyne District Library on a Fund that offers so much potential," he said. "The Library is a jewel in the Boyne community, and the continued support of the Mary K. Peabody Foundation will help to ensure that the Boyne District Library remains a community treasure for years to come."

According to instructions from the Peabody Foundation, the Special Projects Fund should be used within five years of the date of the gift. Meeting this guideline will require the Boyne District Library's Board of Trustees to begin a planning process in the near future.

The Mary K. Peabody Foundation's \$2.3 million gift more than a decade ago funded the library's 2001 renovation and expansion. The Peabody Foundation has funded several library

With that in mind, Mackenzie noted, "the library board will embark on a strategic planning process in the spring. We'll use a professional planner and one of our goals will be to involve the community in the process."

## Business Leaders attend Community Event



PHOTO BY B.J. CONLEY

**Andy Hayes (left), president of Northern Lakes Economic Alliance, talks with Dennis O'Leary, general manager of Industrial Magnetics, Inc., at the Boyne Area Chamber State of the Community event held at Sommerset Pointe on Friday, Nov. 18.**

# Why Umbrella Coverage?

**Unfortunately lawsuits can happen.**

Nobody wants or expects to be sued, but it can happen – regardless of your financial status. If you are held personally accountable and legally liable for certain injuries or property damage at home or while running your business, almost all of your assets could be used to pay the judgement.

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**Situations where a personal umbrella policy could provide protection:**

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- Swimming pool or home playground mishaps
- Accidents involving your boat, ATV, snowmobile or jet ski or other watercraft.
- Golf course injuries
- Libel, slander or invasion of privacy

**Situations where a commercial umbrella policy could provide protection:**

- Customer injured at your business
- One of your products causes illness and/or injury
- An employee driving one of your vehicles in an accident causing injuries
- Your operation causes a fire that destroys neighboring businesses

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Pastor, Rap Posnik: 231-883-1985



# News

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Galway Bay Green Grocer's specialty is pleasing customers

B. J. Conley

CHARLEVOIX — The owners of Galway Bay Green Grocer say the store is shaping up to the standards they have set for their customers.

Jeff and Betsy Kelly opened Galway Bay (formerly Don's Market) in July and have stocked the shelves with the ordinary goods everyone needs, but also with unique items like specialty mustards and dressings. The wine gallery is restocked and baked goods are fresh daily.

"All of our meat is choice," Jeff said. "The quality of our products is excellent."

The Kelly's buy from local farmers when they can and the advantages are fresher produce and other items and the satisfaction they get from buying locally.

One of the goals for the Grocer is to become Charlevoix's bakery and they are happy to have found Shirley Crocker, a cook and baker. The store offers prepared, homemade lunches and dinners, such as potpies and kettle-cooked chicken using pure soybean oil. It isn't difficult to find organic and natural foods at Galway Bay Grocer because both Jeff and Betsy are good health promoters.

The market has its own smoker and Jeff prepares jerky, kielbasa, smoked chicken and more, all smoked naturally. He uses hickory and mesquite flavors.

Expect a friendly and helpful staff when you shop at Galway Bay. Jeff and Betsy Kelly believe that customer service is the most important component in managing the store.

Galway Bay Green Grocer is open Thanksgiving Day from 10 a.m.-2 p.m. Normal hours are 8 a.m.-8 p.m., Monday-Saturday and 10 a.m.-7 p.m. on Sunday. It is located at 402 Petoskey Avenue, Charlevoix. The telephone number is 231-547-0080.

[reporterbjh@gmail.com](mailto:reporterbjh@gmail.com)



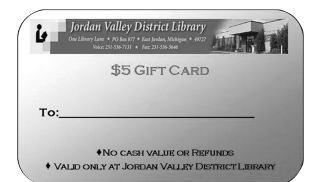
Jeff and Betsy Kelly are the owners of Galway Bay Green Grocer (formerly Don's Market) on Petoskey Avenue in Charlevoix. They offer kettle cooked chicken, smoked meats, homemade potpies, specialty items and a friendly greeting to customers.

PHOTO BY B. J. CONLEY

## Jordan Valley Library Gift Cards Available

East Jordan - The Jordan Valley District Library is now bringing to the East Jordan community a "shop local" gift card for the holidays.

The Library has Library gift cards for sale in increments of \$5. Library gift cards can only be purchased at the library. It is a good idea for a small thoughtful and useful gift for Christmas, birthdays, etc. If you would like to purchase a stocking stuffer this holiday for your child, spouse, postal worker, co-worker that is of beneficial use, this is the gift. The Library gift card is good for the following services at Jordan Valley District Library only: copies, prints, fines, faxes, documents scanned to email, purchases of used books, CD, DVD, PS3 or Blu-ray disc cleaning, floppy discs or R-CD's, reusable library bags, replacement library cards, and other services that are available at the library.



## Skill sessions to meet challenges of raising children today offered

Parents, grandparents, guardians and professionals that care for children of all ages are encouraged to attend a series of sessions and learn new skills to meet the challenge of raising children today.

The four-part series, presented by certified conscious discipline instructor Lesa Rice, is offered in a broadcast format at Charlevoix-Emmet Intermediate School District in Charlevoix. The first training was October 19; however, there are three sessions remaining and space available. Snacks and refreshments will be provided. To reserve your seat, please call 1.800.632.7334.

"We are offering parents and caregivers an opportunity to look at discipline not as something you do to a child, but something you can develop within them," said Mandy Peterson, Great Start Parent Coalition Liaison.

All sessions are 6-8:30 p.m. at the Charlevoix-Emmet ISD office at 08568 Mercer Blvd., Charlevoix. The remaining three training series and topics include:

November 16, explore implementing Conscious Discipline skills in the home and family. Lesa Rice will be at the Char-Em ISD in Charlevoix to teach this session in person.

February 15, How to prevent power struggles.

April 18, Learning from each other - sharing Conscious Discipline successes and mistakes - we all make them. Role-play difficult situations and review of the series.

The series is offered by the Great Start Parent Coalition in partnership with Northwest Michigan Community Action Agency- Head Start/Early Head Start, Child Care Connections, Manistee Public High School, Onekama School, Kirtland Community College, and the intermediate school districts from Charlevoix-Emmet, COOR, Traverse Bay Area, and Wexford-Missaukee.

For more information contact Peterson at 231.582.8070 or [greatstartforkids@gmail.com](mailto:greatstartforkids@gmail.com).

## Boyerne Police investigate stabbing

On Sunday, November 20th, at approximately 3 AM, the Boyne City Police Department was notified by Northern Michigan Hospital of a 21 year old female in for treatment of a stab wound. Boyne City PD responded to the hospital and learned this was the result of a domestic dispute between the victim and a 22 year old female in an apartment downtown Boyne City. The 22 year old suspect was taken into custody for felonious assault and lodged in the Charlevoix County Jail. Petoskey Department of Public Safety assisted at the hospital with contacting the victim.

Any questions should be directed to the Charlevoix County Prosecutor's Office at (231)547-7207.

## Boyne City High School STUDENT of the Week



### Katelyn Skornia

**GRADE:** 9 **PARENTS:** Dave and Lynn Skornia

**SCHOOL ACTIVITIES:**

Student Council • Pride Team • Jazz Band • Band • Drama • Cross Country

**HOBBIES AND INTERESTS:**

Art • Piano • Horseback Riding • Sailing • 4-H Market Livestock Program (steers & pigs)

**FUTURE PLANS/GOALS:**

"To travel through Europe and eat as much as I can!"

### STAFF COMMENTS

"Katelyn is an excellent student! She is meticulous in her work and thorough in questioning so her understanding of Algebra is very complete."  
(Mrs. Clausen, Algebra Teacher)

"Katelyn is the real deal. Smart, hard-working, and funny. What a combination!"  
(Mr. Bryant, Physical Science Teacher)

"Katelyn has been a great Pride Team member. She always has lots of great ideas and enthusiasm."  
(Mrs. Place, Media Center Specialist)

"Katelyn is making a great impact at BCHS. She is involved in many school activities and always gives her best."  
(Mr. Ivie, Band Teacher)

## TRACKING LEGISLATION

A weekly compilation of selected bills, resolutions and actions of the House and Senate in the state legislature.  
To see more detail contact [www.legislature.mi.gov/](http://www.legislature.mi.gov/)



STATE OF MICHIGAN CAPITOL BUILDING  
PHOTOGRAPHER: BRIAN CHARLES WATSON

### Rep. Greg MacMaster 2011 legislation introduced:

**HB 4042:** To require certain departments to provide an applicant who has had a permit denied with scientific rationale for the decision.

**Status:** Bill ordered enrolled on 11/10/2011

**HB 4043:** To require certain departments to meet with the permittee prior to initiating enforcement.

**Status:** Bill ordered enrolled on 11-10-2011

**HB 4044:** Administrative rules; prohibit additional rules unless a cost/benefit analysis has been conducted.

**Status:** Printed bill filed 01-14-2011.

**HB 4045:** Rule-making authority of department of energy, labor and economic growth under occupational code; eliminate.

**Status:** Printed bill filed 01-14-2011

**HB 4553:** To require landscape architects to have continuing education for renewal of license.

**Status:** Referred to committee of the whole on 07-13-2011

**HB 4554 (PA 218):** Modify requirements for submerged log permits.

**Status:** Assigned Public Act 218 with immediate effect.

**HB 4667:** Provide for modification of certain association comments and restrictions for condominiums.

**Status:** Printed bill filed 05-27-2011.

**HB 4684:** Provides for use of certain trails by pack and saddle animals.

**Status:** Printed bill filed 05-27-2011

**HB 4882:** Great Lakes; sinking of vessels and other recreational diving structures in the Great Lakes for scuba diving; provide for.

**Status:** Printed bill filed 8-25-2011.

**HB 4883:** Paternity; reimbursement expenses; modify under certain circumstances.

**Status:** Printed bill filed 8-25-2011.

### Sen. Howard Walker 2011 legislation introduced:

**SR 0007:** A resolution to express support for the Attorney General and the Snyder Administration's efforts to accelerate federal government efforts to devise a plan to prevent Asian carp from invading the Great Lakes and to call on the Obama Administration to take all necessary actions to prevent the invasion.

**Status:** Adopted as substituted S-1 on 3-3-2011.

**SJR N: Senate Joint Resolution:** Provide for and revise distribution of sales tax; rate; increase of sales tax.

**Status:** Referred to committee on finance on 10-04-2011.

**SCR 0018 Senate Concurrent Resolution:** A concurrent resolution to memorialize Congress to take immediate action to close the O'Brien Lock and Dam in the Chicago Waterway System to prevent Asian carp from entering Lake Michigan and the Great Lakes watershed.

**Status:** Referred to secretary for record.

**SB 0143:** Provides for distribution of certain amount of revenue collected be restricted to fund for tourism marketing and promotion.

**Status:** Referred to Committee on Outdoor Recreation and Tourism on 2-15-2011.

**SB 0174:** Creates appropriation act re: Department of Education.

**Status:** For final disposition of budget on 5/26/2011.

**SB 0183:** Appropriations multi-session school aid; provide for fiscal year 2011-2012.

**Status:** For final disposition of

budget on 5-25-2011.

**SB 0215 (PA 0110):** To modify membership on the board of Public Works.

**Status:** Assigned Public Act 0110 with immediate effect.

**SB 0216:** Public employees and officers, ethics, incompatible offices; provide exception for township supervisor and county board of public works.

**Status:** Referred to Committee on Local, Intergovernmental and Regional affairs on 5-4-2011.

**SB 0509:** To establish a multistate aquatic nuisance species compact.

**Status:** Referred to Committee on Natural Resources, Tourism and Outdoor Recreation on 10-6-2011.

**SB 0575:** To allow public transit buses transporting school children to and from school to have warning lights and stop sign.

**Status:** Referred to Committee on Transportation on 8-24-2011.

**SB 0576:** Drivers of vehicles approaching certain public transit buses; require to stop if red lights are flashing.

**Status:** Referred to Committee on Transportation on 8-24-2011.

**SB 0594:** To modify liquor licenses; provision regarding having an inter-

est in another vendor.

**Status:** Referred to Committee on Regulatory Reform on 9-7-2011.

**SB 0714:** Repeals 1980 PA119; motor carrier fuel tax; motor carrier fuel tax act.

**Status:** Referred to Committee on Finance on 10-04-2011.

**SB 0715:** Repeals 2000 PA 403; motor carrier fuel tax; motor fuel tax act.

**Status:** Referred to Committee on Finance on 10-04-2011.

**SB 0756:** Traffic control; driver license; individuals with level 2 graduated driver license; prohibit cell phone use while operating a vehicle.

**Status:** Referred to Committee on Transportation on 10-13-2011.

**SB 0772:** Modify provision relating to purchase of qualified bonds of school district.

**Status:** Referred to Committee on Appropriations.



# Holiday Happenings

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)



## Thanksgiving Turkey Talk

### Memorable words regarding America's favorite holiday

By Jim Akans

Thanksgiving is the quintessential American holiday. Food, family, football and restored faith in the thankful capacity of mankind merge in a day long celebration on the fourth Thursday of November...a tradition ensconced in a time-worn vision of Pilgrims wearing big black hats sharing their bounty with Native Americans many moons ago. "There is one day that is ours...Thanksgiving Day is the one day that is purely American." ~O. Henry

day. There are over 117 million households in the United States, and the vast majority will be holding a special Thanksgiving feast this Thursday.

**"Forever on Thanksgiving Day the heart will find the pathway home,"**  
~Wilbur D. Nesbit

**"On Thanksgiving Day, all over America, families sit down to dinner at the same moment - half-time."** ~Author Unknown

Oh yes, Lions football and the annual Macy's Thanksgiving parade are must see turkey-day television events as well as great excuses to eat snacks before sitting down to a huge feast. The Macy's parade, known for elaborate floats, balloons and celebrity appearances, began in 1924, actually the same year "America's Thanksgiving Parade" first marched down the streets in Detroit. The annual Detroit Lions

Thanksgiving football game tradition started ten years later, in 1934, with a 19 to 16 loss against the Chicago Bears, and with the exception of a hiatus between 1939 and 1944, the game has been played every year since, with an overall record hovering around the .500 mark. This year the Lions will play the Green Bay Packers starting at 12:30 pm and will be televised on FOX. If you plan to eat Thanksgiving dinner after the game...go easy on the snacks during the game.

**"Do not get tired of doing what is good. Don't get discouraged and give up, for we will reap a harvest of blessing at the appropriate time."** - Galatians 6:9

**"Thanksgiving, after all, is a word of action."** ~W.J. Cameron

Yet, most of all, Thanksgiving is a time for sharing our blessings and...giving thanks. It is a special

day set aside for recognizing the good in ourselves and in those around us, celebrated by the simple act of sharing a laugh, a remembrance, a kind word, and a delicious, hearty meal.

**"O Lord that lends me life, Lend me a heart replete with thankfulness."** ~William Shakespeare

**"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."** ~John Fitzgerald Kennedy

**"If the only prayer you said in your whole life was, "thank you," that would suffice."** ~Meister Eckhart

**"A thankful heart is not only the greatest virtue, but the parent of all the other virtues."** ~Cicero

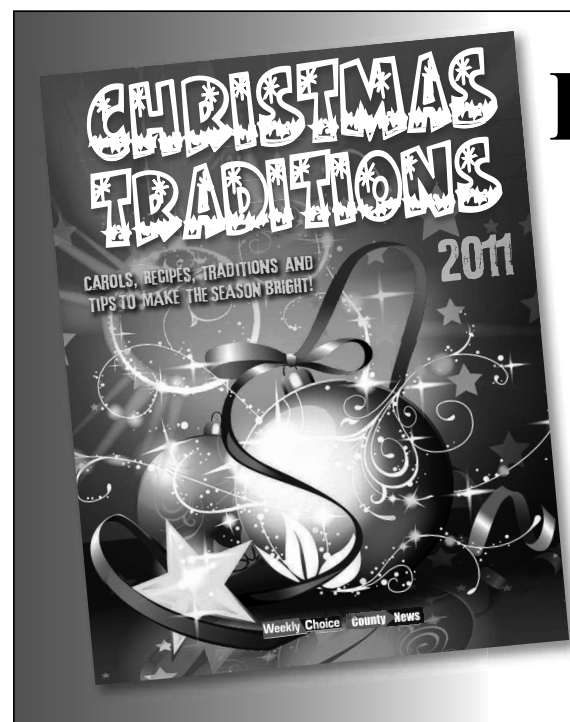
**"Thanksgiving, when the Indians said, "Well, this has been fun, but we know you have a long voyage back to England".** ~Jay Leno

Today, about 45 million turkeys don't look forward to the approach of Thanksgiving at all. That how many birds Americans will be carving up for the annual feast according to the US Department of Agriculture. Other Thanksgiving meal staples include sweet potatoes, cranberries, and of course, pumpkin pie with lots of whipped cream.

**"An optimist is a person who starts a new diet on Thanksgiving Day."** ~Irv Kupcine

"What we're really talking about is a wonderful day set aside on the fourth Thursday of November when no one diets. I mean, why else would they call it Thanksgiving?" ~Erma Bombeck

Sharing a belt-loosening stuffing with family and friends gathered around the table is a wonderful Norman Rockwell worthy image representing the warmth, reunion and kindness embracing the Thanksgiving holi-



## EXTRA COPIES AVAILABLE!

The Christmas Traditions Holiday Guide and SongBook is available in larger quantities to area organizations or churches by request, and is a great resource if you are planning a Christmas sing-a-long or caroling trip.

Contact us at

**231-330-8062**

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## How to properly Carve a Turkey

Take the mystery out of carving that bird. After spending hours preparing the perfect Thanksgiving turkey the time comes to carve the turkey. Following are some helpful tips for presenting the carved turkey.



### The Tools

Use a carving knife or a chef's knife. The longer the knife, the better it will work, as a long, smooth slicing motion will make for better slices. We used a long carving knife with oval indentations along the blade to reduce friction.

Tip: Be sure to let the turkey rest for at least 25 minutes before slicing: this helps the juices redistribute through the meat, making for a better-tasting turkey. (It also makes it easier to carve.)

### Step by Step

1. First of all, don't feel required to carve tableside. Though a common tradition in many families, it's perfectly fine to carve the turkey in the kitchen and bring the arranged platter to the table. This especially holds true if you're a novice at carving.
2. Remove the drumsticks and thighs. Start by pulling a drumstick away from the bird and using the knife to disconnect the thigh bone from the body. Set it aside to carve later, and remove the second drumstick.
3. Remove the wings in the same fashion to fully expose the breast for carving. The wings on modern, commercial birds contain very little meat, so they're often used mainly for presentation on

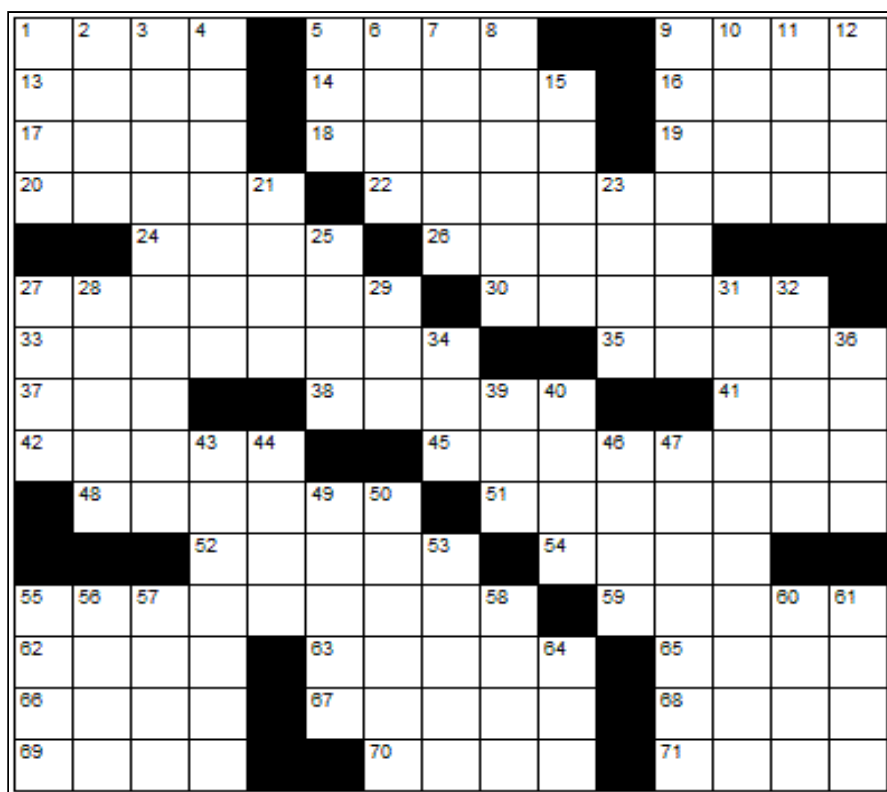
the platter.

4. To carve the bird, make sure it's lying on its back, breast-side up. Begin with a long horizontal cut at the base of the breast. You might be able to feel where the breast meat ends and the bone begins—cut as close to that area as you can.
5. Begin slicing the breast from the top down, working at a slight angle to cut away from the carcass. The horizontal cut at the bottom provides a convenient stopping point, making it easy to finish each cut. Transfer slices to a warmed serving platter.
6. To carve a drumstick, hold one end and slice off one side. Lay it flat on the cutting board and continue carving. Slice each side, turning the drumstick a quarter turn until you've removed all the meat.
7. Place the thigh on the cutting board and begin slicing parallel to the thigh bone. Cut into even strips.
8. Arrange the rest of the meat onto the warmed platter and serve.

## Crossword Puzzle

### ACROSS

1. City in Peru
5. What we sleep on
9. Requests
13. Norse god
14. Nimble
16. Lunch or dinner
17. A style of design
18. Pertaining to the oceans
19. Wan
20. Our planet
22. Greatly pleased
24. Buckeye State
26. Cowboy sport
27. Merit
30. System of weights and measures
33. Addition
35. French for "Room"
37. Chief Executive Officer
38. Bloodsucker
41. Captain's journal
42. Not full
45. Giggling
48. Ventilate
51. Roman household gods
52. Tapestry
54. A period of discounted prices
55. Remember
59. Body
62. Portent
63. Coral island
65. Effrontery
66. Chomp
67. Compacted
68. Decorative case
69. Sun



70. Marsh plant
71. Roman emperor

### DOWN

1. Prospector's find
2. Bright thought
3. Used to see small things
4. Some other
5. Prohibit
6. Quaint outburst
7. Frogman
8. Ski race
9. An ancient jar
10. Chair
11. Cabbagelike vegetable
12. Sleigh
15. Leave out
21. Employ
23. Obtains
25. Egg-shaped
27. Cut into cubes
28. Colonic
29. East southeast
31. Unable to read
32. Duplicate
34. Snake-like fish
36. Hens make them
39. Type of hat
40. Colors
43. Coach
44. Tale
46. Annoying insect
47. A grouping of elements
49. Threesome
50. A Christian celebration
53. British biscuit
55. Steals
56. Send forth
57. Anagram of "Meat"
58. If not
60. Aspersion
61. Hodgepodge
64. Directed



# Holiday Happenings

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Charlevoix kicks off the Holiday Season with Community Parade and Tree Lighting Friday, Nov. 25

By Jim Akans

Bring the family and join your friends in downtown Charlevoix this Friday, November 25th, and enjoy a very special Holiday Parade & Tree Lighting Celebration from 3 to 6 pm in the downtown area.

"The Community Tree lighting ceremony has been a local favorite for years," states Erin Bemis, President and CEO of the Charlevoix Area Chamber of Commerce. "We are very excited to add the holiday parade this year. We've been pleasantly surprised with the number of participants, and look forward to the festive day."

To start the festivities, there will be ornament making at Santa's Workshop (Charlevoix Circle of Arts Center, 109 Clinton Street) from 3 to 5:30 pm. Children of all ages are invited to stop in and make a beautiful hand-made ornament to hang on the Community Christmas Tree in East Park. Santa's Workshop is being sponsored by Charlevoix Children's House and Northwestern Bank. The Charlevoix Circle of Arts will also host a "North Pole" where children can have their picture taken with Santa compliments of Picture This. Santa and his jolly elves will be at the North Pole to help capture that special moment from 3:30 to 5:30 pm.

Then, at 4:00pm, gather around the Community Christmas Tree and warm up with a cup of hot cocoa and cookies compliments of Stafford's Weather-vane Restaurant and Subway. The Petunia Truck will be on hand to provide holiday music and spread yuletide cheer.

The 1st Annual Holiday Parade, sponsored by the Chamber Retail Committee, will start at 5:30pm. The parade will take place on Bridge Street between Hurlbut and Clinton Street downtown. Enjoy music, lighted floats and even a visit from the Grinch. Children are welcome to bundle up, bring their favorite furry friend, and walk in the Teddy Bear Parade segment of the



PHOTO COMPLIMENTS OF PICTURE THIS.

During Friday's celebration, The Charlevoix Circle of Arts will host a North Pole where children can have their picture taken with Santa compliments of Picture This.

event. There will also be a Canine Costume Parade for well-behaved pooches to flaunt their festive holiday apparel.

As the parade ends at East Park, Santa will step off his sleigh to light the Community Christmas Tree at 6:00 pm sharp.

Celebrate the holidays by joining in the spirit of the 1st Annual Parade and annual Community Christmas Tree Lighting this Friday afternoon and evening in Charlevoix. For more information, call the Charlevoix Chamber of Commerce at [www.charlevoix.org](http://www.charlevoix.org) or by calling (231) 547-2101.

## Thursday, December 1st is Holiday Community Night in downtown East Jordan

By Jim Akans

Next Thursday evening, December 1st, there will be a very special night of holiday celebration in downtown East Jordan. That is the date of the 3rd Annual East Jordan Community night, and this year's celebration of the holiday season promises to be even more exciting than ever before.

The holiday fun will run from 5:30 to 8 pm, and the list of activities, tasty treats, holiday music, parade and of course, the annual lighting of the Community Christmas Tree will be:

- Soup Cook-off - at the Community Center from 5:30 - 7:30 pm to benefit Care & Share Food Pantry.

- Winter "Make and Take Craft" - from 5:30 - 8:00 pm at JRAC where there will also be a Members Art for Sale

- Lighting of the Christmas Tree - at 6:00 pm across from the Band Shell

- Ecumenical Christmas Caroling - also at 6:00 pm, participants and listeners will meet at the tree lighting

- Santa Parade - starting at 6:15 pm and heading down Main and ending at 105 Main

Street where children can visit with Santa from 6:30 to 8:00 pm on the porch of 105 Main (formerly The Bakery/Just in Cakes). This event is being sponsored by E.J. Lions & Lion Clubs

- There will also be Face Painting, Cookies & Hot Chocolate at Edward Jones Investments (Sponsored by Girl Scouts), and the roasting of delicious S'mores in front of the Community Center (Sponsored by E.J. Rotary).

Don't miss the Christmas Tree Sale at True Value, all day on Thursday, December 1st ending at 5:30 p.m. (Sponsored by E.J. Lions Club)

Many local businesses will also be offering specials during East Jordan Community Night. "Goodie Bags" full of coupons and flyers are available at the Community Center, Edward Jones, and the Jordan River Arts Council

For more information about Community Night contact the East Jordan Area Chamber of Commerce at [www.ejchamber.org](http://www.ejchamber.org), call (231) 536-7351 or e-mail @ [info@ejchamber.org](mailto:info@ejchamber.org)

## Holiday Open House and Santa Parade in Boyne City this Friday, Nov. 25

By Jim Akans

The annual Santa Parade is a "day after Thanksgiving" tradition that has continued in Boyne City for over a quarter of a century, and has expanded to include late afternoon and evening downtown events that offer great shopping, refreshments at local businesses, and plenty of local holiday spirit.

The Holiday Open House & Santa Pa-

rade will begin Friday, November 25th, at 6 pm on East Main Street between East and Lake Streets, and the really big news is that the Jolly Old Man himself, Santa Claus, will be the very special guest for the parade. He will be joined by some of his elves and reindeer direct from the North Pole, and after the parade, Santa will meet with children at the gazebo in Old City Park at the corner of River and Park Streets to learn what exciting items are on

their holiday wish lists.

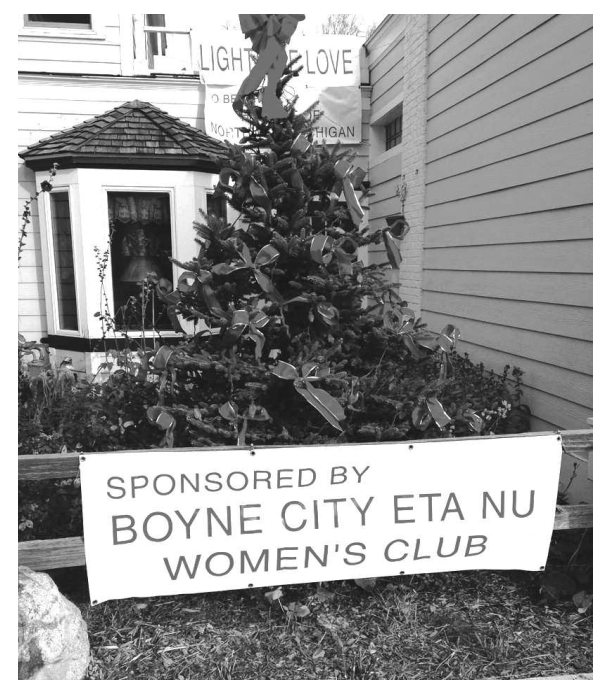
The downtown Holiday Open House will run from 5 pm until 9 pm, and shoppers are invited to browse downtown stores for potential gift ideas, discover some exceptional bargains, enjoy great food and refreshments and even enjoy some entertainment offered by local businesses participating in this exciting event.

"This is a great family event," states Karen Guzniczak, leader of the promotions committee for Boyne City Main Street. "There will be live reindeer at the event, kids can visit Santa and his elves at the gazebo, and there will even be a hayride 6:30 to 9 pm (donations accepted) for kids and adults."

Guzniczak notes that several downtown businesses will have their gingerbread houses on display in their store windows for the upcoming Gingerbread Walk. The Freshwater Gallery will also be offering a live music concert at 8 pm, a great way to top off an evening of local shopping a watching a wonderful holiday parade.

The line up for the parade will start at 5:30 pm on East Main Street between East and Lake Streets. The parade route will follow Lake Street to Water Street through the heart of downtown Boyne City.

For additional information call Karen Guzniczak at Country Now & Then/Up The Lazy River, 582-2355, the Boyne City Main Street office at 582-9009, the Boyne Area Chamber of Commerce at 582-6222, or email [mainstreet@boynecity.com](mailto:mainstreet@boynecity.com).



## Boyne City "Lights of Love" returns for the 2011 holiday season.

'Tis the season for giving and the Boyne City Eta Nu Women's Charities will once again offer the opportunity to make a difference by hosting the annual "Lights of Love" Christmas Tree Lighting in Boyne City.

Participants are invited to purchase a light or a heart in honor or memory of a person or group, with all proceeds going to support hospice patient care through the Hospice of Northwest Michigan. Lights range in price from \$5 to \$25. A "heart of love" ornament can be purchased for \$35, and the name you request will be inscribed on the heart which will be placed on the tree for the ceremony then sent to the donor after the holidays.

Festivities will begin, at the Boyne River Inn, at 6:00pm Wednesday December 7th. Following caroling and the tree lighting ceremony a dinner will be served at a cost of \$14.50. Space is limited so reserve early.

Orders for lights or hearts must include the name, address, and phone number of the donor, and whether the order is in honor or in memory of a person. For additional information contact Mary Whitlock at 231-582-9798 or JoAnne Ziegler at 810-659-5549. Make checks (for lights, hearts and dinner), payable to Eta Nu Charities and mail to PO Box 133, Boyne City, MI. 49712.

Donation forms are available at Boyne Area Chamber, Boyne Senior Center and various other local merchants.

## "Worship the King" first meeting Saturday, Nov. 26 in Boyne City

All those interested in sharing their musical talents may join in planning and ministry time. First meeting Saturday November 26 at 1 pm at Trinity Fellowship Church 401 State Street

Boyne City MI 49712. Program will be December 27 pm at Trinity Fellowship Church in Boyne City. For more information contact Kathy Sutton at 231 582 2902

There's plenty of holiday fun in store for the whole family this Friday, November 25th, in Boyne City as the Holiday Open House & Santa Parade will begin at 6 pm.

COURTESY PHOTO.



**CHRISTMAS ORNAMENT DECORATING FUNDRAISER**

To help support:  
The Manna Food Project

Your monetary donation to the Manna Food Project will get you an ornament to decorate and keep, or you can bring in your own ornament. Your name will then be placed in a drawing for a \$100 gift certificate towards any portrait session with Lauren Pethers Photography.

When: Dec. 2nd, 6-9PM  
During Petoskey's Downtown Open House

Where: Lauren Pethers Photography Studio  
Lower Level of the Hollywood Arcade Building on Lake Street in the Gaslight District

Check out Lauren Pethers Photography on Facebook under Lauren Pethers Photography, or stop by the studio.

There will be LOTS of ornaments & decorating supplies to get your creative juices flowing. If you don't have the time grab an ornament to decorate at home.

Plus...there will be food...so come and get it!

## Jordan Valley Community Band holds Annual Winter Concert

The Jordan Valley Community Band will be presenting its annual 'Winter Concert' on Sunday, December 4th at 3:00 pm in the East Jordan High School auditorium. Also performing will be the Harmony Hunters, a barbershop ensemble. Admission is free. In addition to concert marches, the band's repertoire will feature many perennial Christmas favorites including a flute choir selection.

Now in its 21st year, the Community Band is comprised of members who range in age from students to senior citizens who travel from com-

munities in Charlevoix, Antrim and Emmet counties to rehearse and perform. If you or someone you know plays an instrument or has played in the past and would like to return to the fun and excitement of band participation, please contact Director, Rebecca Palmiter at 231-582-3734, President, Leslie Cunningham at 231-547-2145 or Secretary/Treasurer, Phyllis Childs at 231-582-3488 if you need help finding an instrument or to have your name added to our mailing list.

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## CHARLEVOIX FAMILIES FACE DESPERATE TIMES WE FEEL THEIR PAIN EVERY DAY

- The unemployment rate for Michigan is one of the highest in the nation. Charlevoix County's unemployment rate is 14%.
- Many who are employed do not earn a living wage.
- State and Federal funding cuts have reduced or eliminated many county programs for needy families. What funds they do have buy a lot less.
- Many of our neighbors are being pushed over the edge

**The last two years were the worst since the great depression. This year is worse yet!**

- This is going to be one tough winter for a lot of our neighbors.
- **Good Samaritan** has been helping families with their emergency needs for 21 years. When families have no where else to turn they come to the Good Samaritan Pantry. And they are coming.
- **Good Samaritan Food Pantry provides food and clothing to an increasing number of families.**  
**In October we served 582 families.**
- We see new families every week. We are serving people who never dreamed that they would have to seek help with their basic needs. These numbers are staggering for our pantry. We don't want to turn anyone away. With your help we won't have to.
- Please consider the profound needs right in our own backyard. No one is sending aid to Charlevoix County. We must help our own neighbors.
- There are few options for a desperate family in Charlevoix County. The resources are quickly overwhelmed. We must try to keep families together in their homes, children and elderly warm and fed, living as normal lives as possible. We must keep hope alive.
- When you give thanks for your many blessings this Thanksgiving, please reach out and give to those less fortunate.  
We are ready and willing to help, but we can't do it without you.

**Please send a generous gift today.**

Please help us provide food, clothing and heating fuel for those who come to us.

\$25.00    \$50.00    100.00    \$500.00   \$ \_\_\_\_\_

Credit Card gifts:  Visa    MasterCard    Amex    Discover

Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security code \_\_\_\_\_

Name \_\_\_\_\_

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City/State/Zip \_\_\_\_\_

Good Samaritan Family Services  
PO Box 206  
Ellsworth, MI 49729

This ad was purchased by concerned members of the community

## Stretching your charitable dollars at the Good Samaritan Pantry



What \$10 buys at the store



What Good Sam can buy with \$10 from Manna Food Bank

## East Jordan City Council Encouraged at First Meeting

by Tina Sundelius

EAST JORDAN New City Commissioners and Incumbents conducted business together for the first time Tuesday. At the meeting the new commissioners who were sworn in Monday Nov 14 at an organizational meeting were welcomed and exhorted by Resident and DDA member Barb Worgess.

"I really have a deep feeling about the opportunity that this commission has. With the experience of age, perspective of youth and experience of prior service there is great potential for you to formulate a team to take forth the job you have. We struggle with many things in this community, unemployment, empty buildings... You have so many skill sets together as a group, if you put that together as a team we can do wonderful, wonderful things to advance our city," said Worgess.



PHOTO BY TINA SUNDELIUS

East Jordan City Commissioners Paul Timmons, Thomas Breakey, Mark Penzien, new Mayor Russ Peck, City Administrator Robert Anderson, Commissioners Lee Symonds and Ray Fisher conduct business together for the first time as a new commission Tuesday. Commissioner Tony Cutler wasn't present.

The commissioners approved a fraud policy subject to review and discussion at the next meeting and tabled a resolution that would establish a code of ethics and conflict of interest policy until they were better able to familiarize themselves

with it. "This is pretty important stuff and it needs to be looked at and reviewed but done in a timely fashion," said Scott Beatty, City Attorney.

## 2-1-1 Info and Referral Service Marks First Anniversary

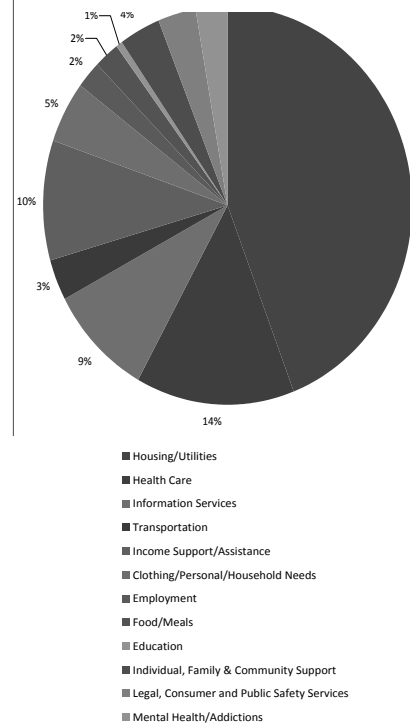
Local requests for assistance support the needs raised during last week's National Hunger and Homeless Awareness Week. Housing-related requests topped the list of calls from Charlevoix and Emmet County residents during the first year of operation of the 24-hour Information and Referral phone hotline. The service began in September 2010 in Charlevoix and Emmet counties. Free, confidential services are provided 24/7 via trained information and referral specialists at Community Access Line of the Lakeshore (CALL 2-1-1), the regional call center in Muskegon.

Service reports by CALL 2-1-1 show that, in the first year of service, 183 calls were received for both counties — 110 from Emmet and 73 from Charlevoix. The highest volume (44%) in both counties was for housing and utility assistance-related requests. In Emmet County, the top three reasons for calls were: Housing/Utilities, Transportation, and Health Care. In Charlevoix Counties, they were: Housing/Utilities, Health Care, and Information Services.

"As the effects of the recession continue to hit Northern Michigan hard, the 2-1-1 service can provide an important safety net," says Martha Lancaster, United Way Executive Director. "People



Charlevoix-Emmet County Service Request by Category October 2010 - September 2011



who have never needed to ask for help now need it, and don't know where to turn. This confidential, comprehensive service is filling that need."

Char-Em United Way has taken the lead to bring the 2-1-1 service to our area. Over 80% of the population of both the US and Michigan are served by a 2-1-1 system. This easy-to-remember number can be called anytime for non-emergency information on local health and human services. The services began locally, using the interim, toll-free number 1-877-211-LAKE (5253), and approval to switch to the 2-1-1 calling number is expected early in 2012.

The report also shows the number of calls for which the needs was deemed "unmet."

This is largely because the caller was not eligible for the services that were available. In some cases, they were seeking services not available in the community.

United Way has raised initial support for 2-1-1 services in our community and is continued to raise sustained financial support for the program.

## Black Friday Sale

# 50% off everything

\* some exclusions may apply

Friday November 25th ONLY! 8am-6pm  
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**THRIFT & RESALE** Revelation 21:5

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# News

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Raven Hill Announces Thanksgiving Hours

Raven Hill Discovery Center will be open from noon to 4 p.m. for family visits during Thanksgiving break. Hours are Friday, November 25th through Sunday, November 27th. Visitors can explore the hands-on museum and hold the animals. Special activities are available on request and include Shibori, an ancient folding and dyeing technique that yields beautiful scarves, Hot Glass Beads, working with a torch to create your own glass beads, plus marbled paper, leather pouches, aluminum repose and other offerings from the Raven Hill Discovery Center class list.

Plan to treat yourself and your family to an afternoon of fun and exploration at Raven Hill Discovery Center this Thanksgiving break. Located between East Jordan & Boyne City, just off C-48 at Pearsall Road, the Center helps visitors build connections between science, history and the arts in an interactive learning environment. In addition to the hands-on museum and exotic animals, visitors can dress for the weather and visit the tree house, the one-room schoolhouse, play in the music garden, see the geologic history of the earth on the Exploring Beyond Jurassic Park outdoor exhibit, and snowshoe or cross country ski around the Taxi Trail and to the Ancient World outdoor exhibits.

Raven Hill Discovery Center is a regional science and technology center. It is located on 157 acres in a rural area of northwestern Lower Michigan next to the Little Traverse Conservancy's Raven Ridge Nature Preserve. It is also a cultural, historical and art center and is the 2005 Crooked Tree Arts Center eddi Award recipient for Arts and Cultural Organizations. For more information, phone 231-536-3369 or toll free 877-833-4254.

## ReTHINK Volunteering Roundtable Planned

Char-Em United Way is inviting any local organizations who use volunteers to a roundtable discussion at the Demmer Wellness Pavilion in Petoskey on November 29th from 11:30am to 1:30pm. The roundtable will feature dialog on the optimum methods to recruit, utilize and recognize volunteers.

Benjamin Crockett, AmeriCorps VISTA, will present information on recent trends in volunteer management. Cacia Lesh and Cindy Mom of the Little Traverse Conservancy will provide stories of successful volunteer use. Sue Ann Bouwense of RSVP will discuss the best ways to recognize and reward volunteers. An open discussion will follow. If your agency would like to participate, contact United Way at 231-487-1006 or [info@charemunitedway.org](mailto:info@charemunitedway.org).

# Don Kelly Antiques & Furniture Barn offer quality vintage and custom furniture

By Jim Akans

When looking to refurnish, redecorate or simply revitalize the furniture and accessory items in your home or cottage, don't miss the opportunity to check out the amazing selection of vintage and custom furniture at Don Kelly Antiques & Furniture Barn located in Charlevoix. The fascinating facility encompasses over 7,000 square feet of ever changing vintage furniture and accessories, plus another 1,500 square feet of custom furniture items. From antique wicker to Early American and European imports, the vast selection is sure to tantalize the imagination of virtually every furniture shopper.

Don Kelly founded his business back in 1985, as he recalls, "it was in a small room off my garage. I loved working with furniture, and while attending a furniture show I discovered a new type of finish stripper that worked extremely well. I went home, tried it out, and started my new business. It kept expanding and I moved into my current location in 1990."

Kelly adds, "Something we specialize in is wicker furniture items. People love old wicker furniture, and we also sell lots of old pine, oak and items made from other woods as well. Vintage furniture is generally made with solid wood or very good veneers. The workmanship and craftsmanship is excellent."

The services offered at Don Kelly Antiques & Furniture Barn also include customizing the size of furniture to match the customer's needs,



COURTESY PHOTO

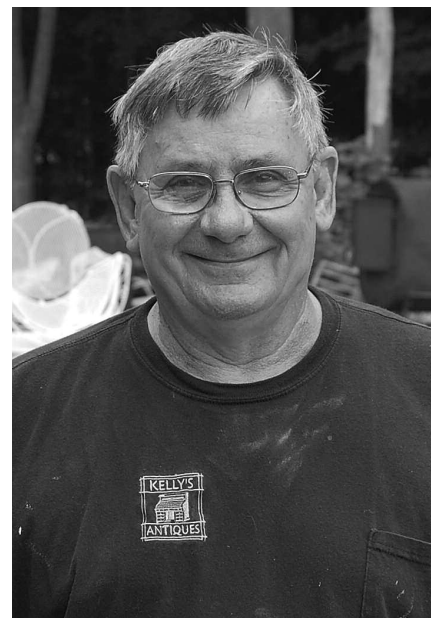
The fascinating facility encompasses over 7,000 square feet of ever changing vintage furniture and accessories, plus another 1,500 square feet of custom furniture items.

and they will paint, stain and refinish items to match the customer's décor if they desire.

Don Kelly Antiques and Furniture Barn is located at

6176 Old US 31 South in Charlevoix. They are open Monday through Friday from 8 am until 4 pm, and Saturday and Sunday from 8 am until noon. For addi-

tional information, please call (231) 547-0133 or visit [www.dkellyantiques.com](http://www.dkellyantiques.com).



Don Kelly



COURTESY PHOTO



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### Resale Shop

# HIDDEN TREASURES



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Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

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# News Briefs

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## BOYNE CITY

### Turkey Trot

Nov. 24 - Turkey Trot 5k run and 1-mile fun run sponsored by Kiwanis Club, starts and finishes at Veterans Park, 9 a.m. | Registration form

## BOYNE CITY

### Community Thanksgiving Dinner

The Boyne City Eagles will host a Community Thanksgiving Dinner on from noon to 2 p.m. Nov. 24 at the Eagles Hall, 106 N. Lake St. The dinner is open to the public, and there is no charge. Dinner includes turkey, stuffing, potatoes and gravy, green bean casserole and desserts. Anyone who needs a ride or dinner delivery please call 231-582-6904 before November 21. If you would like to volunteer or donate food is asked to call the Eagles at 231-582-6904

## CHARLEVOIX

### Turkey Trot

Charlevoix Area Hospital and Harbor Health and Fitness Center are co-hosting a Thanksgiving Day Turkey Trot 5K Run/Walk on Thursday, November 24. Registration begins at 8am at Charlevoix Area Hospital, 14700 Lake Shore Drive with the race starting promptly at 8:30am. The goal of this collaborative effort is to encourage the community to get out and exercise with family and friends before sitting down to that big meal while helping out local food pantries. There will be a \$5 entry fee which includes a commemorative Turkey Trot shirt and donation of a non-perishable food item. Entry forms can be picked up in advance at Harbor Health and Fitness Center, 110 Clinton Street in Charlevoix, or obtained online at [www.cah.org](http://www.cah.org). Please contact Heather Parrish [hparrish@cah.org](mailto:hparrish@cah.org) or Michelle Hines [mhines@cah.org](mailto:mhines@cah.org) for further information.

## CHARLEVOIX

### Holiday parade

Show your holiday spirit and community cheer by entering

Charlevoix's 1st Annual Holiday Parade. The parade will be held on Friday, November 25th at 5:30pm on Bridge Street in downtown. The parade is a welcome addition to Charlevoix's annual Community Tree Lighting festivities which run the same day from 3pm to 6pm. Tree Lighting activities include ornament making and free photos with Santa at the North Pole (Charlevoix Circle of Arts), cookies, cocoa, and more yuletide cheer than you can shake a stick at. The theme of this year's parade is "Holiday Spirit". The deadline to enter is November 21st and there is no fee to enter. There will be a Teddy Bear Parade in which children can march with their favorite furry friend. Does your dog play well with others and have a holiday themed costume? If so, you may enter your companion in the Canine Costume Parade. Let's make the Community Parade a cherished tradition that will continue for years to come. Contact the Charlevoix Area Chamber of Commerce today at 231-547-2101 or [chamber@charlevoix.org](mailto:chamber@charlevoix.org). Entry forms are available online at [www.charlevoix.org](http://www.charlevoix.org).

## CHARLEVOIX

### Community Tree Lighting

Join the community of Charlevoix for their annual tree lighting ceremony Nov. 25 in downtown

## CHARLEVOIX

### Ornament show

Holiday Open house & 2nd Annual Ornament Show at Bier Art Gallery will be hosting their Annual Holiday Open house and 2nd Annual Ornament Show -Thanksgiving Weekend, Friday and Saturday, November 25th & 26th, 10am to 6pm; located in the red and white schoolhouse 6 miles south of Charlevoix on US 31.

## BOYNE CITY

### Celebrate the holidays with parade and open houses Nov. 26

The Boyne City Holiday Open House & Santa Parade, held

the Friday after Thanksgiving, is a tradition in Boyne City and that tradition continues this year. To make it a true community celebration of the season, Main Street is inviting everyone in the area to participate in the festivities on Friday, Nov. 25 - from businesses and organizations with floats, to children dressed in their holiday finest, to businesses offering great shopping, refreshments and hospitality. The parade begins at 6 p.m. and the evening's special guest is the Jolly Old Man from the North. Santa will then be available to meet with children at the Gazebo in Old City Park. In addition there will be hayrides and the opportunity to see reindeer up close. If you have any questions, contact Karen Guzniczak at Country Now & Then/Up The Lazy River at 582-2355, the Boyne City Main Street office at 582-9009, the Boyne Area Chamber of Commerce at 582-6222, or [emai@mainstreet@boynecity.com](mailto:emai@mainstreet@boynecity.com).

## BOYNE CITY

### Worship the King

All those interested in sharing their musical talents may join in planning and ministry time. First meeting Saturday November 26 at 1 pm at Trinity Fellowship Church 401 State Street Boyne City MI 49712. Program will be December 22 7 pm at Trinity Fellowship Church in Boyne City. For more information contact Kathy Sutton at 231-582-2902

## CHARLEVOIX

### Blanket Drive

AKtion Club of Charlevoix, a community service club sponsored by Kiwanis and Bergmann Center is holding a blanket drive. With winter coming, club members know there are many people who could use an extra blanket to help keep warm. AKtion Club is collecting new blankets from anyone who would like to participate. Drop boxes are located inside of City Hall and Bergmann Center's Resale Shop at 8888 Ance Road both in Charlevoix. Blankets need to be new and warm. AKtion Club will give the blankets to area agencies such as Moms and Tots in Ellsworth and Department of Human Services in Petoskey who can distribute them to families in need. AKtion Club has held three blanket drives in the past and feels they have been very successful. The clubs goal is to collect at least 50 new blankets this year. Club members also have a fun time by purchasing fleece and making tied blankets to donate. The AKtion club will be collecting blankets now through November 28. The goal is to give back to the community and better the world one child at a time. If you have any further questions, please contact Kim Brock at 231-547-2979 ext 11 or see an AKtion Club Member

## BOYNE CITY

### Computer lab

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The Community of Christ Church at 777 Vogel St. has installed a computer lab that is open to the public at no charge. The lab is open for general use Monday through Wednesday from 4 to 6 p.m. and Fridays from 6 to 8 p.m. In the future, classes will be offered on resume and cover letter writing and general computer use. The church is also starting a Coupon Club with tips on finding and using computers and access to the computer lab from 6 to 8 p.m. Mondays.

## ANTRIM & CHARLEVOIX COUNTIES

### Oryana Foods Offering Grant to non-profit Organizations

Oryana Natural Foods Market, a community cooperative owned by thousands of area residents, will make a significant donation to a worthy non-profit. Oryana currently seeks applications from local non-profit organizations for the Oryana Community Grant Program. Every profitable year, Oryana donates a portion of its end-of-year proceeds (pre-tax) to a local non-profit organization. Applicants must be a non-profit based in one of the following counties: Antrim, Benzie, Charlevoix, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford. Organizations who have been awarded Oryana's Community Grant within the last five years do not qualify. To download an application, visit the Community Grant section of the Oryana website, [www.oryana.coop](http://www.oryana.coop). Applications must be submitted electronically for consideration, to [luise@oryana.coop](mailto:luise@oryana.coop). The deadline is December 1, 2011. After review by a Grant Review Committee (a sub-committee of Oryana's Board of Directors).

## BOYNE CITY

### Computer Classes

Free computer classes are held at the Boyne District Library at 1 p.m. on Fridays. Classes are tailored to your skill level, beginner to advanced. For more information call the Library 582-7861 or instructor Ron Grunch at 231-582-6974

## CHARLEVOIX

### Healthy People Group

Bay Area Substance Education Services, Inc. (BASES) in Charlevoix is hosting a "Healthy People Group" that meets every Sunday evening from 6:30 - 7:30pm at its 208 West Lincoln location. The group is available for all adults that are interested in learning about, discussing and taking action on living in a healthier way. There is "no problem required", just an interest and desire to get better. Scott and Celia Kelly, founders and Directors of BASES, are the facilitators for this adult support group. Much of the information being discussed and presented in the group is based on Scott's new book, "BASES Brain Training for Addiction Recovery" that outlines numerous skills and lessons in developing a healthier lifestyle to overcome a host of self-defeating behaviors. There is no cost for the group but the basket is passed to offset expenses. You can learn more about this weekly 60 minute support group by visiting [www.BASESTeen-Center.org](http://www.BASESTeen-Center.org) where you can view a short video that outlines the program and get a flyer that describes the Healthy People Group as well. For more information, please call BASES at 547-1144.

## PETOSKEY

### Free Foreclosure Workshops

Learn from experts how to prevent your home from going into foreclosure. Northwest Michigan Community Action Agency (NMCAA) offers Free Foreclosure Prevention Education workshops in Traverse City, Petoskey and Cadillac offices. Homeowners will learn how to avoid foreclosure and the different foreclosure programs that are available. NMCAA, a certified HUD and MSHDA Housing Counseling Agency, will also educate homeowners about the foreclosure process and counsel families on budgeting for their personal financial situation. Homeowners do not have to be within the actual foreclosure process to access these

services - many are available to assist before a crisis actually occurs to keep the clients out of the foreclosure process altogether. To register for this workshop or for more information, call 231-947-3780 / 1-800-632-7334 or visit [www.nmcaa.net](http://www.nmcaa.net).

## CHARLEVOIX COUNTY

### Just stuff it

To the wonderful folks who are becoming avid recyclers, those of us trying to monitor the sites need your help one more time. Remember the bad old days at the Charlevoix and Boyne City sites when there was only one cardboard bin? Remember how hard you worked to get your cardboard in, but the bins were often full? We finally have two (2 - count 'em) cardboard bins at each site, but it is not helpful for hauling if one is not completely filled before you begin using the other. Could we please ask you to take the time to flatten your cardboard and take the few extra steps to fill the back of the bin? And, before you start on the second bin please stuff it! cram it! until it the first bin is entirely full. These two simple acts will save all of us money because we won't be hauling bins that are half full. Thanks for working with us.

## EAST JORDAN

### Roller Skating

Harvest Barn Church, Noon - 3pm every Saturday through winter. Fun for all ages. \$5 per person.

## CHARLEVOIX

### Indoor farmers market

The first of the nine regularly scheduled Winter Farmers Market's will take place this Thursday! The Charlevoix Winter Farmers Market will be held indoors at the Charlevoix Public Library the first Thursday of every month from 10am to 2pm, November through May. In addition to the regularly scheduled markets, there will also be two holiday markets, one right before Thanksgiving on November 21st, and one on December 22nd, just before Christmas.

## BOYNE CITY

### Indoor farmers market

Every Saturday, November - April, 10am - 2pm at the red barn (220 Ray St.) next to the Boyne district library. Holiday shopping dates Wed., Nov. 23 & Friday, Dec. 23. No Sat. markets those weeks.

## BOYNE CITY

### Indoor farmers market

Every Saturday, November - April, 10am - 2pm at the red barn (220 Ray St.) next to the Boyne district library. Holiday shopping dates Wed., Nov. 23 & Friday, Dec. 23. No Sat. markets those weeks.

## CHARLEVOIX

### Life in Northern Michigan Art

Original art & gift certificates on sale at the Charlevoix Circle of Arts, 109 Clinton St, thru Dec. 30. The 3rd annual juried photography show. Vote in the People's Choice Award.

## BOYNE CITY

### Winter Farmers Market

Thanks to the support of the Boyne District Library, the Boyne City Farmers "Winter" Market is now open. Winter hours will be Saturdays from 10am to 2pm. The market will be held in the red building next to the library. The library recently purchased the building for possible future expansion. It is estimated the space will allow for approximately 15 to 20 vendors to participate. The market will be held each Saturday in November and December with the exception of Nov. 26 (Thanksgiving weekend) and Dec. 24th. Two special markets are also planned. The first is the Wednesday before Thanksgiving and the second is Dec. 23. The market also plans to be open January through April but a schedule will not be set until mid to late December. For more information about the Winter Market call the Boyne City Main Street office at 231-582-9009.

## EAST JORDAN

### Coat drive

If you have a closet full of gently used coats, your local Girl Scouts will find them a home for someone in need...Girl Scout troop # 362 is presently doing a coat drive, looking for gently used, clean coats for citizens of Charlevoix County who may be in need. Coats will be distributed for free to families of need through "Tabitha's Closet" located at the Assembly of God Church in Charlevoix. Locations to drop

off coats... Ed's Used Cars & Huntington Bank. For more information call Missy Bender 231-357-2255 or Michelle Nowka 231-536-2532

## NORWOOD

### Warmth Drive

Norwood United Methodist Church is holding its' annual "Warmth Drive" for the benefit of the Good Samaritan in Ellsworth. We are collecting warm items of clothing for all ages, pajamas, blankets and all outdoor clothing. Also we are collecting new, unwrapped toys for distribution through Good Samaritan at Christmas time. Items can be dropped off at the church on Sunday from 10:30am to 1:30pm or call Lights at 547-9356 or Ditlows at 547-4935.

## EAST JORDAN

### Christmas Art Sale

Jordan River Arts Council is hosting an art sale thru Dec. 18, 1-4pm.

## EAST JORDAN

### Community Night

East Jordan Community Night preparations are well underway at the Chamber Office. Save the date - Thursday, December 1st, starting at 5:00 PM!! Soup Cook-off, Santa Parade, Visit with Santa in the band shell, Tree Lighting, Open Houses, Caroling and more. If you would like to get involved, please contact us!

## EAST JORDAN

### Santa parade

Dec. 1 - Holiday Community Night/Santa Parade. 5-8pm. Tree Lighting, Santa Parade, Live nativity, soup Cook-off and much more. Contact E.J. Chamber office for details 231-536-7351

## ELLSWORTH & KEWADIN

### Holiday Greens Workshop

12th Annual Roots & Wings Herbs Holiday Greens Workshops Friday, December 2 at 10am in Ellsworth or Saturday, December 3 at 10am at Pine Hill Nursery, Kewadin. Creating a wreath, swag, kissing ball or arrangement is a great way to kick off the holiday season. Even if you've never attempted this before, you'll be amazed at what you create; it's easier than you think! Bring your own grapevine wreath form if making a wreath. \$25 fee Includes greens and embellishments beyond the ordinary, tea and sweets. Presented by Alana Haley of Roots and Wings Herbs. Call to register at 231-360-0676; limited space available.

## CHARLEVOIX

### Holly Daze

The annual holiday season kick-off to benefit the School Nurse Project of Charlevoix Area Hospital. Silent and Live auctions, cocktails, dinner and loads of fun! Friday, Dec 2, 5pm - Midnight

## EAST JORDAN

### Wreath sale

Girl scouts Christmas wreath sale. \$22 each made with fresh greens. Call Connie for more information or to place an order. 231-675-4332

## BOYNE CITY

### Christmas Bazaar and Craft Show

The Boyne City Eagles Auxiliary is planning a Christmas Bazaar and Craft Show from 9 a.m. to 4 p.m. Saturday, Dec. 3, at the Eagles Hall, 106 River Street. Applications are available at the Eagles Hall and must be turned in by Nov. 18. For more information call Joyce Hardy at 231-582-9014 or Celia McGeorge at 231-675-4349.

## EAST JORDAN & ELLSWORTH

### Holiday Business Decorating Contests

Be sure to register for the two Holiday Business Decorating Contests sponsored by Charlevoix County News. Forms available at the Chamber or on our website, [www.ejchamber.org](http://www.ejchamber.org).

## EAST JORDAN

### Dinner with Santa

Dec. 6, 4:30 - 7pm at East Jordan Elementary School Cafeteria

continued on page 9

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# News Briefs

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## CHARLEVOIX

### Flurry Fest

Flurry Fest is December 3rd from 2:30 to 6pm. Downtown Charlevoix will be a flurry of activity thanks to the 5th Annual Flurry Fest! Enjoy live music, cast your vote for Charlevoix's "Best Hot Chocolate" provided by local restaurants, build a delicious s'more, pet live reindeer, and experience the joy of the season under the tent.

## EAST JORDAN

### New session of Masterminds

The Chamber and Dr. John Kempton are finalizing the schedule for two (2) Mastermind Leadership Classes. A second session of "Mastermind on Main Street" will be offered over a ten (10) week period in early 2012. A "Mastermind on Main Street - Communication" class will be offered over a nine (9) week period in early 2012. For further information on the class offerings, cost, etc. please contact the Chamber Office, 231-536-7351 or Dr. John Kempton, "Achieve 360 Inc." at 231-222-2146.

## EAST JORDAN

### Business After Hours

December 5 - Jordan River Arts Council, 5 - 7pm. Co-sponsors ej & Jordan River Arts Council. Admission: Donations for Care & Share Food Pantry.

## BOYNE CITY

### Lights of Love

'Tis the season for giving and the Boyne City Eta Nu Women's Charities will once again offer the opportunity to make a difference by hosting the annual "Lights of Love" Christmas Tree Lighting in Boyne City. Festivities will begin, at the Boyne River Inn, at 6pm Wednesday December 7th. Following caroling and the tree lighting ceremony a dinner will be served at a cost of \$14.50. Space is limited so reserve early. Donation forms are available at Boyne Area Chamber, Boyne Senior Center and various other local merchants.

## CHARLEVOIX

### Gifts With a Purpose

Are you looking for the perfect holiday gift for that "impossible-to-

buy-for" person on your list. Charlevoix Gifts with a Purpose Alternative Giving Event just might be your answer! Don't buy another gift that will just disappear into the back of a closet. Instead make a donation to a local nonprofit and give the gift that gives twice. On Saturday, December 3 from 10am to 2pm thirteen local nonprofits will be on hand in the community room at the Charlevoix Public Library to share their mission and message and accept your donations in return for an alternative gift card that you can present to the person you have chosen to honor. The nonprofits participating are: B.A.S.E.S. Teen Center, Bergmann Center, Inc., Charlevoix Area Community Pool, Charlevoix Community Food Pantry, Charlevoix Historical Society, Charlevoix Area Hospice Foundation, Charlevoix Area Human Society, Charlevoix Community Christmas Project, Charlevoix Schools Enrichment Foundation, Friends of the Charlevoix Public Library, Hospice of Northwest Michigan, Keep Charlevoix Beautiful and 3rd Day Fellowship and Outreach Food Pantry. Each nonprofit will have a giving range, so everyone, from children to people on a fixed budget, can find the perfect gift! Who would you buy for: your child's classroom teacher, piano teacher, scout leader, the office grab-a-gift, your great uncle who has everything, your boss or co-worker? The list is endless and all funds raised stay local! Please plan to attend Charlevoix Gifts with a Purpose, and help make a difference in your community!!

## BOYNE CITY

### Food Pantry Benefit

Red Mesa Grill will host the 14th Annual Judy Kuheana Memorial Breakfast Buffet benefiting Boyne Area food pantries from 8 to 10:30 a.m. Saturday, Dec. 3. Judy Kuheana was the founder of the 7th Day Adventist Food Pantry in Boyne City. She passed away in October 1996. The Red Mesa Grill, with the help of Judy's brother, Jerry Kelts, has held the breakfast on the first Saturday of December since it opened in 1997. Since that time, the event has raised well over \$16,000 to benefit Boyne area charities. Admission will be collected at the door, with all sales going to Boyne area food pantries through the Manna Food Project.

Admission is \$8 for adults and \$4 for children 12 and under. There is also an angel auction that begins Nov. 25 and concludes Dec. 3 at the breakfast.

## BOYNE CITY

### Ice Rink Fundraiser

Enjoy dinner and support the ice rink at a fund-raising dinner and silent auction at Cafe Sante on Sunday, Dec. 4. Entertainers include Nelson Olstrom and Nathan Bates. Proceeds will help pay for the new ice rink that will be created in Sunset Park, behind the Chamber office. The Boyne City Main Street Program is spearheading the ice rink project.

## EAST JORDAN

### Community Band Concert

The Jordan Valley Community Band will be presenting its annual Winter Concert on Sunday, December 4th at 3pm in the East Jordan High School auditorium. Also performing will be the Harmony Hunters, a barbershop ensemble. Admission is free. In addition to concert marches, the band's repertoire will feature many perennial Christmas favorites including a flute choir selection.

## ATWOOD

### Christmas Celebration

Dec. 10. Sleigh Rides, Open Houses, Snow Sculptures & More.

## EAST JORDAN

### Holiday Greens Workshop

Saturday, December 10th, 12pm- Come out to the Martha Wagbo Farm and Education Center for our monthly potluck program! The potluck begins at 12 pm with lunch in the Wagbo farmhouse. Bring a dish to pass if you can, but it's not mandatory. The program begins at 1 pm with Alana Haley of Roots & Wings Herbs teaching a Holiday Greens Workshop. Make a wreath or swag from fresh cut greens, berries, twigs and cones. Even if you've never made a wreath

before, you'll be amazed at what you can create! If you plan to make a wreath, bring a grapevine wreath for the base. Free and open to the public. Limited to 15 people. Call Wagbo at 231-536-0333 to register. Located three miles south of East Jordan.

## CHARLEVOIX

### Merchant Open House

The Charlevoix Merchant Open House is the perfect place for inspiration and acquisition of all your holiday needs. On Saturday, December 10th merchants will be armed with samples, refreshments, special sales and more at participating stores. It will be a day filled with activity not only in stores but also in the streets! At 12pm Santa will arrive downtown on a firetruck to spread some holiday cheer. Santa will be downtown from noon to 1pm. At 1pm children are invited to watch a free full-length holiday movie (with a donation of a canned good for the Food Pantry) at Charlevoix Cinema compliments of Charlevoix State Bank. While children enjoy the movie, parents are able to shop and sample without interruption!

## EAST JORDAN

### Santa Visit

East Jordan Sno-Mobile Club House, Dec. 11, 9:30am to 11am. Visit with Santa at the Sno-Mobile Club House on Mt. Bliss Rd.

## EAST JORDAN

### Christmas Program - K-1

K-1, Dec. 12, 7pm at Elementary School Gym

## EAST JORDAN

### Christmas Program - Grade 2-3

2-3 Grade. Dec. 13, 7pm at East Jordan Elementary School Gym

## EAST JORDAN

### Music in the Park

Madrigal Singers. Dec. 14, 7pm at East Jordan school Community Auditorium.

## BOYNE CITY

### Fundamentals of Starting a Business

This 2 hour orientation session is facilitated by a NLEA/SBTDC Business Consultant. You will be acquainted with the process and the tools needed to help you begin developing your business. Cost is \$20 per business. To register, please contact Northern Lakes Economic Alliance, (231)582-6482. Dec. 14 Boyne City District Library

## EAST JORDAN

### Christmas Program - Grade 4-5

4-5 Grade. Dec. 14, 7pm at East Jordan Elementary School Gym

## ELLSWORTH

### Wooden shoe festival

Ellsworth Wooden Shoe Holiday Festival activities are also being coordinated for Wednesday, December 14th beginning at 6:00 PM - Banks Township Hall. Tree Lighting, Caroling, Children's Activities, Twister Joe and Refreshments. If you'd like to help, please contact us!

## EAST JORDAN

### Holiday Art

Looking for a unique gift? Stop by the Jordan River Art Center, 301 Main St. thru Dec. 17 to shop for holiday art created by the talented local artists at the Jordan River Arts Council.

## EAST JORDAN

### Free Movie

Beethoven's Christmas Adventure Dec. 18, 1:30pm at Jordan Valley District Library Community Room. Sponsored by the Library Friends.

## EAST JORDAN

### Band Concert

Middle School/High School band concert Dec. 19, 7pm at East Jordan High School Gym

## CHARLEVOIX

### Christmas Farmers Market

There will be a special holiday market on December 22 so that you can stock up for your Christmas meals. Products available at the winter market include: apples, squash, garlic, onions, pumpkins, greens, tomatoes, organic meat, cheese, fresh bread, mustard, pasties, jam/jellies, frozen corn, Christmas trees, bagels, soup, scones, wild mushrooms, salad dressings, BBQ sauce, canned vegetables and fruit, dried flowers, cherry juice, dried fruit, beef jerky, pet treats, cookies, hummus, salsa, plus much more. Open from 10am to 2pm at the Charlevoix Public Library's Community Room. Help to support your local farmers, keep your money in our community, and eat the freshest products available at the Charlevoix winter Farmers Market.

## CHARLEVOIX

### Commission on Aging Board Openings

The Charlevoix County Commission on Aging Advisory Board has two openings in the Charlevoix area as of January 1. Members of the community who have an interest in the well being of County seniors and supporting their caregivers are encouraged to apply. Particularly encouraged to apply are those with interest, experience or education in developing community awareness and messaging and/or who desire to serve in a leadership capacity including board chair. Interested citizens can print an expression of interest form from the Commissioners page at the County website ([charlevoixcounty.org](http://charlevoixcounty.org)) or by calling 231-547-0866 (COA board chair) or 231-237-0103 (COA director). Mail the interest form to 218 W Garfield, Charlevoix, or fax to 231-547-0873. Please contact us as soon as possible; the COA Board will be making recommendations to County Commissioners by the end of November.

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# News

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## DAVE Says

### Mobile homes are bad investments

Dear Dave,  
I've heard you tell people not to buy mobile homes. We bought one when we moved out of our apartment, and it's been much cheaper for us. Why do you feel this way?



Dave Ramsey

Debbie  
Dear Debbie,  
It's simple. Mobile homes go down in value. When you buy a house, it goes up in value in the long run. From a financial standpoint, mathematically, when you buy a mobile home, you're buying a very large car in which to live.

Now, I'm not necessarily against manufactured homes. But the phrase "manufactured home" can mean different things to different people. My test goes something like this: If it's a type of housing that doesn't look like it had the wheels yanked off, then it will probably go up in value over the years.

There's nothing wrong with renting an apartment for a while. When you pay out rent, that's all you're losing in the deal. But when you buy a mobile home, you're losing out with the payments and you're losing money every day as the thing goes down in value.

That's why I tell people not to buy mobile homes!  
—Dave

### No help for the unreasonable

Dear Dave,  
My stepdaughter is 17 and will be starting college this fall. Her dad and I want to help her with expenses, but she's chosen a private university (with the help of her other parents) that costs \$250,000 for an undergraduate degree. We don't want her going into student loan debt, but we can't afford that kind of money, and she's really pressing the

issue. What do you suggest?

Christina  
Dear Christina,  
The biggest problem I see is that you've got a 17-year-old girl wagging the dog. I can tell you right now this wouldn't happen at my house. When it comes to the parent-child relationship at that age, the adults tell the children what to do. It doesn't happen the other way around.

If this child is going to take your money, then she needs to take your advice too. If she's not willing to be reasonable and take your advice, then she gets none of the money. There's no undergraduate degree on the planet worth \$250,000. The whole idea is absurd, and somebody needs to say that out loud.

This girl can work, and she can go to a state school and get a great education for about a fourth of that price. Since you're in Texas, there's absolutely nothing wrong with the University of Texas or Texas A&M. They're great schools. And at that price range, I'm sure it would allow you guys to pitch in and help out some.

But seriously, a quarter of a million dollars for an undergrad degree? I don't think so!  
—Dave

\*For more financial help, please visit [daveramsey.com](http://daveramsey.com).

## Chicken N' Stuff Restaurant Marks Grand Opening with Ribbon Cutting

On November, 11, 2011 Chicken N' Stuff Restaurant, located at 101 Mill Street in downtown East Jordan, cut the ribbon to mark their grand opening. Chick N' Stuff is open Tuesday – Sunday for Breakfast, Lunch and Din-

ner. You can find a variety of menu items ranging from build your own omelets', Homemade Soups, Sandwiches and their signature Broasted Chicken. Find them on Facebook and check out their delicious special of

the day. The Nierman family wanted to start a restaurant that featured some of their favorite foods that they miss from the city.



PHOTO COURTESY EAST JORDAN AREA CHAMBER OF COMMERCE.

From Left – Heather Jackson (Chamber Board), Courtney Fender, Kayla Nierman (Staff), Holly Nierman (Owner), Danielle Warren (Staff), Theresa Galmore (Staff), Ernesto Lucero (Chief), Bob Anderson (City Manager), Tom Cannon (City Parks & Rec. Director), Mary Faculak (Executive Director – E.J. Chamber of Commerce)  
Back – The mascot, Mr. Chicken



Jim Daly

## FOCUS ON THE FAMILY

with Jim Daly & Juli Slattery



Dr. Juli Slattery

### Find Balance when planning new baby's sleep schedule

**Q: I'm expecting my second child soon and a friend gave me a book that's supposed to help infants get on a regular sleeping schedule right away. I did a little online research and discovered this book is controversial. However, I really need something like this because my first child didn't sleep through the night until after her first birthday! Is scheduling OK?**

Juli: When it comes to scheduling sleeping and eating for infants, there are two major philosophies. There's what we'll call a "child-centered approach" in which the parents plan what they're doing around the infant's needs. They let the infant eat and sleep whenever the infant wants to and they pick up and cuddle the baby whenever he or she cries.

The second philosophy is often called "family-centered" and focuses on the baby learning to assimilate to the family's schedule. Feedings and naptimes are scheduled, and the goal is to get the baby to sleep through the night as soon

as possible. This approach sounds like the book that you mentioned.

Taken to the extreme, both of these approaches can be dangerous to the child – emotionally and, perhaps, physically. If you take the child-centered approach to the extreme, every time the baby cries, Mom is busy trying to feed, rock or calm her. This can lead to a child who doesn't know how to self-soothe. If you take the family-centered approach to an extreme, you run the risk of not meeting your child's physical, medical and emotional needs. A baby's needs change from day-to-day, week-to-week. Your pediatrician should give you some guidelines regarding your baby's need for food and sleep based on weight and development.

I'd encourage you to use common sense in blending these two approaches together. Try to introduce some structure into your baby's life. Loose schedules for eating and sleeping will do this. But within the structure, be sure to be responsive to your baby's changing needs for food, sleep and comfort.

**Q: I often read about**

**the problems associated with letting kids watch too much TV. Certainly, there's a lot of trash out there. But is there any research that favors letting young children watch strictly educational programming?**

**Jim: Offensive content is not the only reason to limit a child's TV intake. Regardless of what they're watching, research shows that too much TV can cause kids to struggle academically and socially.**

A team of researchers from Canada and the U.S. recently released some startling findings regarding the effects of TV on toddlers. The Archives of Pediatric and Adolescent Medicine studied children's viewing habits at age 2 1/2, and then checked in with the same kids again when they reached age 10. The study found that for every additional hour of television viewing per week at age 2, the kids experienced a 7 percent drop in classroom attention and a 6 percent drop in math skills. They were also more likely to be

bullied; they exercised less, weighed more, and ate more unhealthy snacks.

he same study also confirmed previous research showing that early TV exposure undermines a child's attention span. It also suggested that kids who spend more time watching TV and less time playing with other kids may lose valuable chances to learn social skills.

If you take this research seriously, then the bottom line is that too much TV is detrimental to young children, regardless of the content. We'd recommend getting your kids involved in other activities, far away from the TV. Turn it off whenever you can – or get rid of it altogether, as my family did two years ago!  
\*\*

Jim Daly is president of Focus on the Family, host of the Focus on the Family radio program, and a husband and father of two.

Dr. Juli Slattery is a licensed psychologist, co-host of Focus on the Family, author of several books, and a wife and mother of three.

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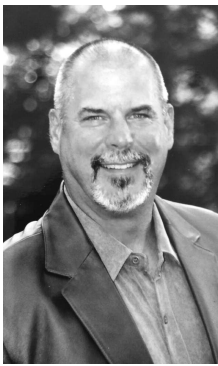


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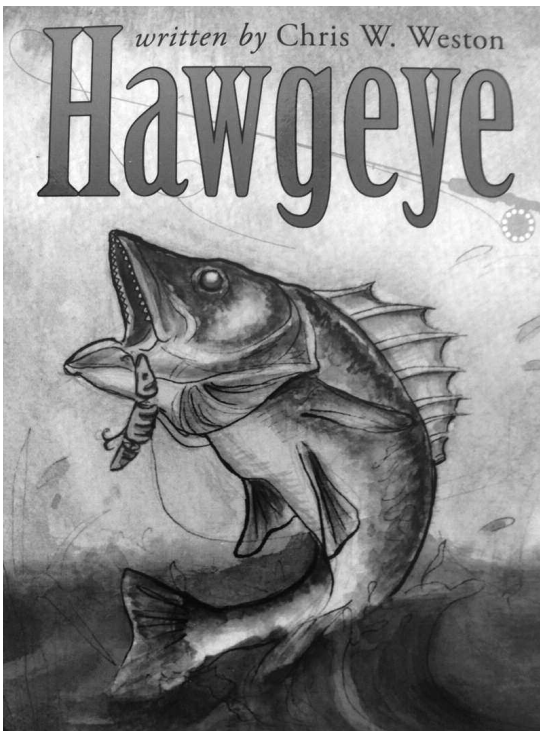
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BAC Writer's Guild member, **Chris W. West**, wins Michigan Hemmingway Society top award.

BAC Writer's Guild member, Chris W. West, wins Michigan Hemmingway Society top award. Boyne Arts Collective is proud of its Writer's Guild member, Chris W. Weston, for winning the Michigan Hemmingway Society's top award in 2011 for his short story, "The River's Best". This first place prize was presented to the Petoskey resident in October. The story will be published and available to read on line at [www.michiganhemmingwaysociety.org](http://www.michiganhemmingwaysociety.org) along with entries from other finalists.



Chris West



Weston's debut book "Hawgeye" was published earlier in 2011 and is available at local book stores. It is an excellent read.

## New Restaurant Opens in Downtown East Jordan

Jeni and David Willingham moved to East Jordan 10 years ago and found the friendly community the place they wanted to call home.

When the building at the corner of M-32 and Main St. became available, the family decided to open a restaurant in this prime downtown location that serves home style food open for lunch and dinner.

Specialties include fantastic sandwiches blending top quality ingredients with unusual combinations, specialty salads, fish, "cherry bomb" wings, fried chicken (like gramma used to make) and Jeni's famous chicken spaghetti. Of course, the new restaurant also has popular items you expect to find on the menu.

Open 6 days a week, Jeni and David invite you to stop in to enjoy a meal with your family. Open Monday - Thursday 11am - 8pm. Friday & Saturday 11am - 9pm. They are closed on Sunday to enjoy some time with their family.



(l-r) Kent Libbey, line cook; Josh Blaha, line cook; Jacquie Moss, dishwasher, delivery; David Willingham, ordinary man - co-owner; Samantha Walton, daughter, server; Jeni Willingham, co-owner; Mandy Peck, waitress; LynAnne Reid, team leader; Ruby VanAlstine, hostess; Nina Rylant, server



## Photography Club Contest Public Voting begins



A few members of the Charlevoix Photography Club gather before the opening reception of the 3rd annual photography contest exhibition last Saturday evening at the Charlevoix Circle of Arts. With the juror's winners announced, public voting now begins for the People's Choice award to be tallied and presented December 30 at the holiday party and closing reception.

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# Health & Wellness

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Approaches to Knee Pain Relief

By **Eddie Tobey**

You use your knees every time you walk, run, or move your lower body at all. Knee pain, therefore, dramatically affects the daily life of sufferers, who must use their knees throughout the day. Knee pain is the second only to back pain among American adult pain sufferers. Knee trouble is most often caused by osteoarthritis, a degenerative joint condition in which the cartilage that surrounds the two bones that comprise the knee joint wears away, sometimes causing painful joint-on-joint contact.

There are many treatment options for knee pain. Under the care of a doctor, sufferers can select the most appropriate

course of treatment to provide optimum knee pain relief. Over-the-counter and prescription medications including acetaminophen (Tylenol) and aspirin reduce pain, and non-steroidal anti-inflammatory drugs (NSAIDs) including ibuprofen, can reduce inflammation as well as knee joint pain. At-home remedies like ice packs and capsaicin, found in cayenne pepper, often have a similar effect.

Natural supplements like chondroitin and glucosamine have become popular alternatives to traditional medicines in recent years because they present fewer risks of side effects. Both are naturally occurring substances in the body. The former aids in building

joint cartilage, while the latter fights against degeneration of cartilage. Studies have proven their effectiveness in alleviating osteoarthritic joint pain, but have yet to demonstrate that these supplements actually reverse the effects of cartilage degeneration that have already taken place.

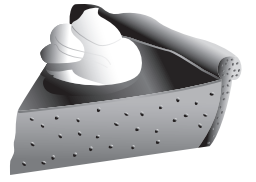
Modifying knee activity with physical aids such as padding, crutches, and splints, and even simple rest take the pressure off of the knee and provide temporary knee pain relief while the joint recovers from injury. Conversely, specific exercises, stretching, and low-impact aerobic activities such as biking, walking and swimming increase joint strength and flexibility, promoting healing

and reducing the risk of further injury.

For severe knee injuries that have not responded to the aforementioned treatments, surgery remains an option. There are several common knee surgeries, which range from exploratory arthroscopic surgery, which orthopedic physicians use to diagnose the exact source of knee pain so that they can determine which behaviors and activities need to be modified, all the way to a total knee replacement. Whichever course of treatment a patient decides upon, it is important to work alongside a physician to ensure proper care.

## Tips for a Healthy Thanksgiving

Preparing a traditional Thanksgiving dinner that's lower in fat and calories but still thrills the crowd isn't hard. All it takes is a few ingredient substitutions and some clever fat-busting techniques.



### The Big Turkey

If you're hosting a small gathering, buy a turkey breast rather than the whole bird, as breast meat is lower in calories than dark meat. If you do buy a whole turkey, avoid "self-basting" turkeys, as they often contain added fat. And it goes without saying to stay away from the deep fryer this year, and roast or smoke the turkey.

Stuff the turkey cavity with whole or halved onions, halved lemons or apples, and sprigs of fresh herbs such as sage, marjoram, thyme, and/or rosemary.

Rather than rubbing the skin with butter or oil, spray it with an oil spray and season it with salt and pepper.

### Good Gravy

Gravy is one of the biggest calorie culprits on the table. Use vegetable oil rather than turkey drippings when making the gravy it's still fat, but oil is lower in saturated fat and is cholesterol-free.

If you use turkey drippings to add flavor, use a gravy separator. Pour the gravy into a separator and allow it to sit for a few minutes. Some of the fat in the gravy will rise to the top of the glass where you can skim it off easily.

Better yet, make a low-fat broth-based gravy or a vegetarian gravy instead.

### Carbo-loading

Instead of using butter and cream to mash potatoes, save the cooking water when you boil of the potatoes. The starchy water will give the potatoes a creamier texture than plain water would.

You can also add turkey or chicken broth, evaporated skim milk, or fat-free sour cream. For extra flavor, stir in roasted garlic and herbs. For added nutrition, add pureed cooked cauliflower, parsnips or turnips.

### Dressing, not Stuffing

Bake the dressing in a casserole dish rather than in the turkey, where it absorbs fat from the turkey as it bakes. It's hard to slim down a stuffing recipe, so take a small serving if it's your Thanksgiving favorite. Avoid recipes using sausage or bacon; wild rice and grains are more nutritious than bread stuffing.

### Slimmed-down Sides

Scrap the traditional dessert-style candied sweet potato casseroles in favor of a low-fat, naturally-sweetened dish. Try a cranberry relish or cut down on the amount of sugar in your cranberry sauce by adding fruit juices or apple sauce.

### The Pumpkin Pie

Most of the fat in a pie comes from the crust. Try a reduced-fat graham cracker crust or our crust-free pumpkin pie recipe.

# Healing Power of Bananas

When compared to an apple, banana has four times the protein, twice the carbohydrate, three times the phosphorus, five times the vitamin A and iron, and twice the other vitamins and minerals. It is also rich in potassium and is one of the best value foods around. No wonder monkeys are so happy all the time.

An average banana contains about 90 energy calories, 23 g of carbohydrates, 12 g of sugar, 2.6 g of dietary fiber, 1 g of fat, and 9 mg of vitamin C.

**Energy Boost:** Bananas contain three natural sugars - sucrose, fructose and glucose combined with fiber. A banana gives an instant, sustained and substantial boost of energy. Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout. No wonder the banana is the number one fruit with the world's leading athletes. But energy isn't the only way a banana can help us keep fit. It can also help overcome or prevent a substantial number of illnesses and conditions, making it a must to add to our daily diet.

**Nerves:** Bananas are high in B vitamins that help calm the nervous system.

**Glucose Level:** Lowering the glucose value in the blood is one of the healing effects of the banana. Eating one or two pieces of banana will regain your stamina and recover from fatigue rapidly after finishing your daily hard work.

**Anemia:** High in iron, bananas can stimulate the production of hemoglobin in the blood and so helps in cases of anemia.

**Depression:** According to a recent survey undertaken by mind amongst people suffering from depression, many felt much better after eating a banana. This is because bananas contain tryptophan, a type of protein that the body converts into serotonin, known to make you relax, improve your mood and generally make you feel happier.

**Blood Pressure:** This unique tropical fruit is extremely high in potassium yet low in salt, making it perfect to beat blood pressure. So much so, the US Food and Drug Administration has allowed the banana industry to make official claims for the fruit's ability to reduce the risk of blood pressure and stroke.

**Hangovers:** One of the quickest ways of curing a hangover is to make a banana milkshake, sweetened with honey. The banana calms the stomach and, with the help of the honey, builds up depleted blood sugar levels, while the milk soothes and rehydrates your system.

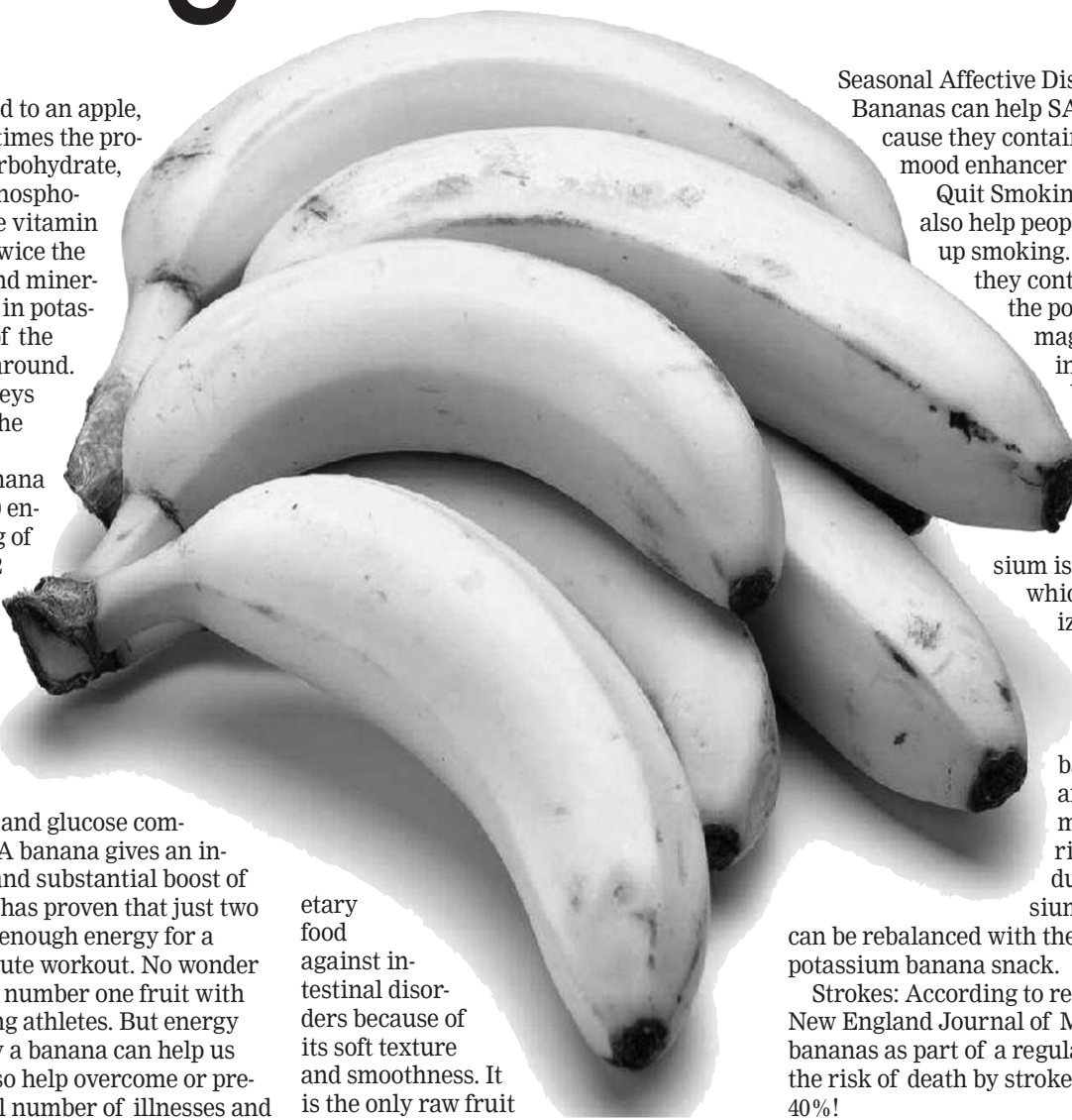
**Morning Sickness:** Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness.

**Mosquito bites:** Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin. Many people find it amazingly successful at reducing swelling and irritation.

**Brain Power:** Students were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brain power. Research has shown that the potassium packed fruit can assist learning by making pupils more alert.

**Constipation:** High in fiber, including bananas in the diet can help restore normal bowel action, helping to overcome the problem without resorting to laxatives.

**Ulcers:** The banana is used as the di-



etary food against intestinal disorders because of its soft texture and smoothness. It is the only raw fruit that can be eaten without distress in over-chronicler cases. It also neutralizes over-acidity and reduces irritation by coating the lining of the stomach.

**Temperature control:** Many other cultures see bananas as a cooling fruit that can lower both the physical and emotional temperature of expectant mothers. In Thailand, for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.

**Seasonal Affective Disorder (SAD):**

Bananas can help SAD sufferers because they contain the natural mood enhancer tryptophan.

**Quit Smoking:** Bananas can also help people trying to give up smoking. The B6, B12

they contain, as well as the potassium and magnesium found in them, help the body recover from the effects of nicotine withdrawal.

**Stress:** Potassium is a vital mineral, which helps normalize the heartbeat, sends oxygen to the brain and regulates your body's water balance. When we are stressed, our metabolic rate rises, thereby reducing our potassium levels. These can be rebalanced with the help of a high-potassium banana snack.

**Strokes:** According to research in The New England Journal of Medicine, eating bananas as part of a regular diet can cut the risk of death by strokes by as much as 40%!

**Warts:** Those keen on natural alternatives swear that if you want to kill off a wart, take a piece of banana skin and place it on the wart, with the yellow side out. Carefully hold the skin in place with a plaster or surgical tape.

**Heartburn:** Bananas have a natural antacid effect in the body, so if you suffer from heartburn, try eating a banana for soothing relief.

Source: eHealth Articles



# Health SERVICES

directory

<p><b>ADOPTION SERVICES</b></p> <p><b>Heaven Sent Adoption Services, Inc</b> 1100 S. Bridge Street Charlevoix, MI 49720 231-237-9880 Office 877-583-0990 Expectant parents line <a href="http://www.HeavenSentAdopt.com">www.HeavenSentAdopt.com</a></p> <p><b>ASSISTED LIVING</b></p> <p><b>Sunnybank</b> 615 Petoskey Ave. Charlevoix 231-547-2599 <a href="http://www.sunnybankassistedliving.com">www.sunnybankassistedliving.com</a></p> <p><b>Sunnybank</b> 2000 E. Mitchell Petoskey 231-348-2600 <a href="http://www.sunnybankassistedliving.com">www.sunnybankassistedliving.com</a></p> <p><b>Morning Sickness:</b> Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness.</p> <p><b>Mosquito bites:</b> Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin. Many people find it amazingly successful at reducing swelling and irritation.</p> <p><b>Brain Power:</b> Students were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brain power. Research has shown that the potassium packed fruit can assist learning by making pupils more alert.</p> <p><b>Constipation:</b> High in fiber, including bananas in the diet can help restore normal bowel action, helping to overcome the problem without resorting to laxatives.</p> <p><b>Ulcers:</b> The banana is used as the di-</p>	<p><b>COUNSELING</b></p> <p><b>Cygnat Counseling</b> Downtown Gaylord 989-731-1018 <a href="http://www.cygnatfamilycounseling.com">www.cygnatfamilycounseling.com</a></p> <p><b>EYE CARE</b></p> <p><b>Gaylord Eye Care Center</b> 829 W. Main Gaylord 989-732-6261</p> <p><b>FITNESS FACILITY</b></p> <p><b>Otsego County Sportsplex</b> 1250 Gornick Ave. Gaylord 989-731-3546 <a href="http://www.ocsportsplex.com">www.ocsportsplex.com</a></p> <p><b>Otsego County Community Center</b> 315 S. Center Gaylord 989-732-6521 <a href="http://www.otsego-county-parksrec.com">www.otsego-county-parksrec.com</a></p> <p><b>Saks Wellness Center</b> 1447 S. Otsego Gaylord 989-732-5200 <a href="http://www.sakswellnesscenter.com">www.sakswellnesscenter.com</a></p> <p><b>Powerhouse Gym</b> 1044 W. main Gaylord 989-732-0744 <a href="http://www.gaylordsgym.com">www.gaylordsgym.com</a></p> <p><b>FUNERAL HOME</b></p> <p><b>Nelson Funeral Home</b> 135 N. Center Gaylord 989-732-1770 <a href="http://www.nelsonsfuneralhome.com">www.nelsonsfuneralhome.com</a></p> <p><b>HEALTH INSURANCE</b></p> <p><b>Humana</b> 800-649-0059</p>	<p><b>HEART SPECIALIST</b></p> <p><b>Michigan Heart &amp; Vascular</b> 14705 W. Upright Street Charlevoix 888-326-2490 <a href="http://www.michiganhvs.com">www.michiganhvs.com</a></p> <p><b>Michigan Heart &amp; Vascular</b> Cheboygan Memorial Health Center 740 S. Main, Suite 3B Cheboygan 888-326-2490 <a href="http://www.michiganhvs.com">www.michiganhvs.com</a></p> <p><b>Michigan Heart &amp; Vascular</b> Burns Professional Building 560 W. Mitchell St. Suite 400 Petoskey 888-326-2490 <a href="http://www.michiganhvs.com">www.michiganhvs.com</a></p> <p><b>Michigan Heart &amp; Vascular</b> 944 N. Center Avenue Gaylord 989-731-5781 <a href="http://www.michiganhvs.com">www.michiganhvs.com</a></p> <p><b>HOLISTIC HEALTH</b></p> <p><b>IHT Wellness Shop</b> 416 W. Main Gaylord 989-448-4717 <a href="http://www.ihtwellnessshopgaylord.com">www.ihtwellnessshopgaylord.com</a></p> <p><b>HOME HEALTH CARE</b></p> <p><b>Harbor Care Associates</b> 3890 Charlevoix Ave., Suite 345 Petoskey 231-547-9222 <a href="http://www.harborcareassociates.com">www.harborcareassociates.com</a></p> <p><b>HOME HEALTH CARE</b></p> <p><b>Health Dept. of NW Michigan</b> 220 W. Garfield Charlevoix 231-547-6092 <a href="http://www.nwhealth.org">www.nwhealth.org</a></p> <p><b>Mercy Home Care</b> 324 Meadows Dr., Grayling 989-348-4383 <a href="http://www.trinityhomehealth.com">www.trinityhomehealth.com</a></p>	<p><b>HOME HEALTH CARE</b></p> <p><b>Northern Management Services</b> 657 Chestnut Ct. Gaylord 989-732-6374 <a href="http://www.northernmanagement.org">www.northernmanagement.org</a></p> <p><b>HOSPICE</b></p> <p><b>Health Department of NW Michigan</b> 220 W. Garfield, Charlevoix 231-547-6092 <a href="http://www.nwhealth.org">www.nwhealth.org</a></p> <p><b>Mercy Hospice</b> 324 Meadows Dr., Grayling 989-348-4383 <a href="http://www.trinityhomehealth.com">www.trinityhomehealth.com</a></p> <p><b>Hiland Cottage &amp; Hospice of Little Traverse Bay</b> One Hiland Drive Petoskey 231-487-4825 <a href="http://www.hospicelb.org">www.hospicelb.org</a></p> <p><b>Hospice of Michigan</b> 1723 W. M-32, Ste. B Gaylord 888-247-5701 <a href="http://www.hom.org">www.hom.org</a></p> <p><b>Vital Care Hospice House</b> 761 Lafayette Cheboygan 800-342-7711 <a href="http://www.vitalcare.org/hospice-house">www.vitalcare.org/hospice-house</a></p> <p><b>HOSPITAL</b></p> <p><b>Mercy Hospital</b> 1100 Michigan Ave. Grayling 989-348-5461 <a href="http://www.mercygrayling.com">www.mercygrayling.com</a></p> <p><b>Northern Michigan Hospital</b> 416 Connable Avenue Petoskey 800-248-6777 <a href="http://www.northernhealth.org">www.northernhealth.org</a></p> <p><b>Charlevoix Area Hospital</b> 14700 Lake Shore Dr Charlevoix 231-547-8630 <a href="http://www.cah.org">www.cah.org</a></p> <p><b>HYPNOTHERAPY</b></p> <p><b>DT Weber Hypnotherapy, LLC</b> 114 S. Center Suite 105 Gaylord 989.619.4395 <a href="mailto:dave@dtweberhypnotherapy.com">dave@dtweberhypnotherapy.com</a></p>	<p><b>MASSAGE THERAPY</b></p> <p><b>The Naturalist</b> 1029 Gornick Ave., Gaylord • 989-705-1451</p> <p><b>MEDICAL MARIJUANA</b></p> <p><b>Bay Medical Collective</b> 1261 West Main Gaylord 989-732-6337</p> <p><b>Alternative Solutions Plus</b> 1807 N US 31 Hwy Petoskey 989-525-5700 <a href="http://www.alternativesolutionsplus.com">www.alternativesolutionsplus.com</a></p> <p><b>MONUMENTS</b></p> <p><b>Anger Monuments</b> 7535 US 131 Manclona 231-587-8433</p> <p><b>NUTRITION &amp; SUPPLEMENTS</b></p> <p><b>General Nutrition Centers</b> 1417 W. Main St., Pineridge Square Gaylord, MI 49735-1755 989-731-6363</p> <p><b>IHT Wellness Shop</b> 416 W. Main Gaylord 989-448-4717 <a href="http://www.ihtwellnessshopgaylord.com">www.ihtwellnessshopgaylord.com</a></p> <p><b>Jojo's Market</b> 1459 S. Otsego Gaylord 989-705-8500</p> <p><b>Four Star Nutrition</b> 604 W. Main Gaylord 989-448-9618 <a href="http://www.fourstarnutrition.net">www.fourstarnutrition.net</a></p> <p><b>ORTHOPEDIC</b></p> <p><b>OMH - N'Orthopedics</b> 2147 Professional Dr. Gaylord 989-732-1753</p> <p><b>PHARMACY</b></p> <p><b>Modern Pharmacy</b> 127 N. Main St., Cheboygan 231-627-9949 <a href="http://www.modernrxcheboygan.com">www.modernrxcheboygan.com</a></p>	<p><b>PHYSICAL THERAPY</b></p> <p><b>Dynamic Physical Therapy</b> 2147 Professional Dr., Suite 2 Gaylord • 989-732-0001 <a href="http://www.dynamictptmichigan.com">www.dynamictptmichigan.com</a></p> <p><b>Dynamic Physical Therapy</b> 1107 E. Michigan Ave Grayling • 989-348-3027 <a href="http://www.dynamictptmichigan.com">www.dynamictptmichigan.com</a></p> <p><b>Jordan Valley Rehabilitation Center</b> 100 Main St # 9, East Jordan 231-536-1451</p> <p><b>Boyer Rehabilitation Center</b> 197 State St, Boyne City 231-582-6365</p> <p><b>SENIOR ASSISTANCE</b></p> <p><b>Otsego County Commission on Aging</b> 120 Grandview Blvd. Gaylord 989-732-1122 <a href="http://www.otsego-county-coa.org">www.otsego-county-coa.org</a></p> <p><b>Crawford County Commission on Aging</b> 308 Lawndale St. Grayling 989-348-8342 <a href="http://www.crawfordcoa.org">www.crawfordcoa.org</a></p> <p><b>Seniors Helping Seniors</b> 221 E. Felshaw St. Gaylord 989-448-8323 <a href="http://www.seniorshelpingseniors.com/northernmichigan">www.seniorshelpingseniors.com/northernmichigan</a></p> <p><b>SENIOR LIVING</b></p> <p><b>Lynn Street Manor</b> 4255 S. Lyon Onaway 989-733-2661 <a href="http://www.lynnstreetmanor.com">www.lynnstreetmanor.com</a></p> <p><b>SPA</b></p> <p><b>Chello's Salon &amp; Day Spa</b> 126 Main St. East Jordan 231-536-7764</p>
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